

NDN NEIGHBOURHOOD WATCH

NDN's informal newsletter and notice board for communicating throughout the alcohol field

ISSUE 18 April 2002

Please circulate to ALL staff

NEWS

- News from the field
- Alcohol Concern and National Networks update
- New update
- Funding
- Resources
- Useful websites

FEEDBACK

- ARP Birthday Bash
- Drug & Alcohol Workplace Service update
- Alcohol – The Poor Relation of Drug Misuse Services (Turning Point/Pavillion)
- Race, Gender and Violence in the Home (Criminology in the New Millennium)
- Alcohol & Health – 52nd Alcohol Problems Research Symposium

PRACTICE

- Exciting News from Broadreach House
- Naomi Unit Training Opportunities, York
- Evaluation & Change – Stonham Housing Association
- Aquarius in arrest referral scheme partnership
- The Community Care Award 2001 Winners

DIARY DATES

- Courses and Conferences

ATTACHED

- Are your details correct?

ENCLOSED

- NDN Practice Database form
- NDN Reference Group Events Registration Form



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If you require any information about the NDN project, please contact the NDN team at Alcohol Concern, Waterbridge House, 32-36 Loman Street, London SE1 0EE, tel: 020 7928 7377, fax: 020 7928 4644 or email ndn@alcoholconcern.org.uk

PAPERS AND REPORTS AVAILABLE

NDN project briefing papers currently available:

- Best Value
- Falling through the net? (a resource guide for: multiple needs, outcome monitoring, young people/children of problem drinking parents, medical effects and complementary medicine)
- Influencing the Implementation of a National Alcohol Strategy
- Integrating Alcohol and Drug Services - Myths and Misunderstandings
- Arrest Referral Schemes: The place for alcohol
- Reform of the Mental Health Act 1983: Issues for people with Alcohol Problems
- A Guide to Lobbying: How you can influence the policy making process
- Multiple Needs Reader
- A Guide to Screening Questionnaires
- Alcohol Services and Primary Care Groups
- Lesbian and Gay Men Network Updates 1, 2 & 3
- Producing Literature on Alcohol for Young People
- Families and significant others and alcohol. National Network Updates 1 & 2
- Women and Alcohol Network Update
- Alcohol and Rural Communities Briefing Paper
- QuADS Case Studies

Background papers and reports:

- Under age and Under the Influence – Conference on Young People and Alcohol
- Women and Alcohol – a cause for concern? Conference
- Trouble Within - Conference on families and significant others
- Lesbian and Gay Men and Alcohol Conferences x 2
- Rural Issues Conference
- Alcohol and Mental Health: Chasing the Blues Away Conference
- Dual Diagnosis Training Day
- Women & Alcohol Training Day
- Keeping the Child in Mind Training Day
- National Minimum Standards for Care Homes for Younger Adults
Government publishes Care Standards for Registered Homes
- Various seminars on alcohol-related issues (details from the NDN team)

Your contributions requested:

In this edition of the newsletter you will find articles from the Older People Project, Wandsworth; Framework Housing Association, Nottingham; Next Choice, Scarborough; and Community Alcohol & Drug Services, Leeds.

If you have attended a conference that you found particularly useful and may be useful to others in the field or have an example of targeted, innovative or unusual work to exchange we are keen to hear about it

HOW THE NEWSLETTER COULD BE USEFUL TO YOU

**To make best use of this newsletter please
circulate to all staff**

Neighbourhood Watch:

The Practice Database form enclosed (and also on the website – feel free to photocopy it, copies can also be faxed/emailed/posted to you) enables Alcohol Concern to build a database of current practice in the alcohol field, especially unusual, innovative or targeted work. The information on the database can be accessed through the NDN team.

Our aim is to make this a networking tool for alcohol service providers across the country to communicate with each other.

We want you to use it in a way that best suits you.

The practice database form is also used to promote current practice through the newsletter.

How the newsletter could be useful to you:

- Request advice and help, e.g. funding strategies, setting up new pieces of work
- To share examples of practice, both positive and negative (pieces of work that failed/struggled can sometimes be very useful)
- Share information
- Share ideas
- Keep you up to date with NDN activity

Keep sending us your:

- Articles – particularly about pieces of work (specific projects, targeted work, new interventions, new service settings etc)
- Letters
- Notice of relevant events

If you do not have time to write, phone us and we will commit your words to paper.

We are keen to hear from you on anything you care to write about; whether it is a new piece of work, or your views on news, feedback or practice covered in this newsletter.

We hope this will stimulate discussion within the field as well as feed into Alcohol Concern's views and inform national debate.

Please note that articles printed in the bulletin are the opinions of their authors and do not necessarily reflect Alcohol Concern policy. Listings in the news and diary dates sections are not necessarily Alcohol Concern endorsed.

WELCOME TO THE NEW NDN TEAM



Due to a second round of funding from the Community Fund and an additional successful bid with Lloyds TSB we now have 3 project officers and 1 team assistant. **Hollie Venn** is covering Carole's 6 months maternity leave and specialises in agency practice. Hollie has come from working as Deputy Manager in a 'wet' day center and hostel in Nottingham. **Sheryl Hobbs** is project officer for developing effectiveness, dealing with issues of quality, human resources and training. Sheryl will be undertaking a survey of services' training needs with a view to developing and commissioning relevant training modules. **Ted Fawcett** will be joining the NDN team at the beginning of February 2002, his role being to provide expertise regarding regional development. **Bethany Williams** will provide a first point of contact for NDN and will be facilitating all the work of NDN in her role as team assistant.

The NDN team aims to develop and build on what was achieved in the first three-year project. The external evaluation of the first three years was very positive. As well as the production of briefing papers, this newsletter and the steady flow of information to the field already in place, the project will:

- *Continue to facilitate networking among services and ensure a sideways flow of information by enabling the sharing of good practice between services*
- *Establish four new national forums: 'Children and Families'; 'Black and Minority Ethnic Groups'; 'Service User Issues'; and 'Residential Issues'*
- *Attach the new look reference groups to seminars in 9 regions (which tie in with the Regional Development Agencies regions), with issues from the NDN reference groups being taken to form the basis of national conferences*
- *Advise on policy developments by disseminating information out to services and provide guidance to the field on how to respond to imminent and distant changes*
- *Provide a possible avenue through which Alcohol Concern informs, advises and attempts to influence government and policy makers*
- *Promote training modules for project managers and workers in alcohol services, drawing on the existing expertise of staff in local agencies*
- *Maximise the benefits of the Internet*
- *Increase the emphasis on trying to work with services to attempt to shape the environment in which they operate as well as supporting services in working within a given environment, which the project has always done*

Suggestions of regional issues that you would like to be covered in future reference group meetings and/or seminar topics are welcome – please send them to ndn@alcoholconcern or call 020 7928 7377

NDN REFERENCE GROUPS



Networking Distant Neighbours @ Alcohol Concern

What is NDN?

Calling all interested parties.....

As part of our quest to improve collaboration, cooperation and information sharing between alcohol services nationwide the NDN team takes to the road twice a year in April/May and October/November.

We hold meetings in nine venues around the country. These meetings are linked to a seminar or discussion topic and are straightforward meetings to exchange information.

The aim of these meetings (Reference Groups) is for the NDN team to be a conduit for information to pass between services around the country and between services and Alcohol Concern. The NDN team feeds back to Alcohol Concern the issues that are of concern and interest to the field, and carries news of issues from Alcohol Concern and other agencies to the wider field. It is also an opportunity for services to showcase their work.

Who can attend?

A wide range of people from services attend the meetings: managers, team members, sessional workers et al.

The more people we get at the meeting, the more viewpoints are heard and the more information gets exchanged.

The next round of Reference Group Meetings are in April 2002, see enclosed registration form and/or calendar dates at the end of this newsletter.

Please come along to the next meeting of your choice with the topic most relevant to you; just contact the NDN team at Alcohol Concern on tel:020 7928 7377, fax: 020 7928 4644, email: bwilliams@alcoholconcern.org.uk

NEWS FROM THE FIELD

Note: for those viewing this newsletter on line, web addresses operate as hyperlinks

Clouds grant win

Clouds' Working Recovery, a community-based project in Bournemouth which helps people recovering from alcohol and drug dependency to develop life and work skills, has been awarded almost £136,000 from the Community Fund. The money will help provide a third of its running costs over a period of three years.

"This grant gives an enormous boost to staff and participants alike", said Peter Pugh, Clouds' Deputy Chief Executive and Manager of the project. "It will help us to help more people who are trying to rebuild their lives and that will benefit the community as a whole. The more we can support the recovery process, the less call our clients are likely to make on health and social services and the criminal justice system."

*For more information contact:
Tony Pugh, Clouds' Deputy Chief Executive and Manager of the project, The Clouds Building, 1a Station Approach off Ashley Road, Boscombe, Bournemouth BH1 4NB
Tel/Fax: 01202 399723
Web: www.clouds.org.uk*

New Chief Exec for KCA

Anton Derkacz has been appointed to succeed Ann Peppiat as Chief Executive of Kent Council on Addiction Community Services from 1st April 2002. Anton has been working with Ann for the last four months, to ensure the handover process went smoothly. More senior staff will be appointed to strengthen the infrastructure of the organisation.

Further information:

KCA Head Office, Dan House, 44 East Street, Faversham ME13 8AT, Tel: 01795 590635

Cash injection for youth outreach project

A three-year, £90,000 grant has been awarded to the Swindon and Wiltshire Alcohol and Drugs Service by the National Lottery. The grant has given the service the opportunity to resurrect its youth outreach work, which it had to stop over a year ago because of a lack of funds.

The service has already invested some of the money in three new members of staff who will offer alcohol and drugs education for young people aged 8-12 by going to schools and youth centres. Counselling and support for those aged 15-21 with alcohol and drug problems will also be available.

Further information:

Wiltshire & Swindon Healthcare NHS Trust, Community Drug & Alcohol Team Tel: 01793 491917

NEWS FROM THE FIELD

The Community Care Awards 2001 winners

An award in the Child Protection category of the Community Care Awards was given to Option 2, a joint initiative of the Community Alcohol Team and Children's Services in the City and County of Cardiff.

The team of five were presented with the award by disability rights campaigner Heather Mills in November 2001 and were in competition with 250 nominees.

According to Community Care magazine (15-21 November 2001) the judges described the project as "a fine example of preventive work in action."

There were 10 categories covering different specialist areas of social care recognising excellence in those fields. Each category featured a shortlist of three, with one winner picked from each specialism to win a prize of £4,000.

The award for the Drugs and Alcohol category went to 8-16s Support Group based in Brighton. The overall winner was a Manchester Mencap project called 'Hidden Voices', which was developed in conjunction with the Green Room Theatre.

The judges - Professor Saul Becker of Loughborough University; Carole Wilkinson, Chief Executive of the Scottish Social Services Council; Andrea Rowe, Chief Executive of Topss England; Fran Beckett, Chief Executive of the Shaftesbury Society, and Polly Neate, editor of Community Care – were impressed with the overall quality.

Further information:

Option 2, A Crisis Intervention service for families, Trowbridge Family Centre, Greenway Road, Trowbridge, Cardiff CF3 1QS, tel: 029 2077 4606

Option 2 Update:

The first Option 2 Open Day was held on 8 February 2002 and was attended by people working in similar fields from England and Wales.

4 main spheres of interest were identified in the feedback forms:

- Training in the Option 2 Model
- Attending further Option 2 Open Days
- Taking part in a National Conference
- Networking with similar projects

If you would like to know more about these topics contact Option 2 at the above address.

NEWS FROM THE FIELD

School trials new CD-Rom

A CD-Rom designed by Alcohol Services for the Community (ASC), Luton, Bedfordshire, has recently been launched to increase young people's knowledge of alcohol.

It is aimed for inclusion at key stages three and four (ages 12-16 years) in relation to components for the Health Education Curriculum and has been produced specifically to help schools give advice about alcohol use and abuse as part of the education syllabus.

Entitled PUKE! (Prevention, Understanding, Knowledge and Education), it gives young people the facts about alcohol in a non-judgmental, fun way and includes a game, an interactive quiz, video footage with real life stories, and an info centre which links up to the website (www.asc-puke.co.uk). Here, visitors can email their comments or questions about alcohol to ASC's alcohol specialists.

In November Year 8 pupils at Edward Peake Middle School in Biggleswade, Bedfordshire spent their lunchtime evaluating PUKE! The pupils were allowed to explore the CD-Rom and give their comments and suggestions on its design, layout and content.

All the students enjoyed the videos, which show the real life effects of alcohol misuse. The pupils listed over a dozen new things they had learnt as a result of exploring the CD-Rom. All the pupils said they would use the CD-Rom again and nearly all said they would use it at home if they had a copy.

Jill Weston, Director of ASC said: "It is important to keep layers of consistent messages in education. Young people need to be able to access vital information on health education, like alcohol, without the necessity for alcohol specialists like ourselves going into every school. Ideally, every PSHE teacher in Bedfordshire and eventually across the country will be able to educate consistently in alcohol use and abuse with this vital tool."

PUKE! CD-Rom is sponsored and funded by the Nationwide Foundation and is now available from ASC priced at £20 each plus VAT, with all profits from sales being directed into new and existing young people's services.

For further information contact Tara Grieveson at ASC on Tel: 01582 723434 or visit ASC's website: www.alcohol-services.co.uk

NEWS FROM THE FIELD

Mayor clinches funding for anti-drugs projects

Ken Livingstone, Mayor of London, has secured £340, 000 from the Home Office's Confiscated Assets Fund to invest in drug prevention projects in London.

The Mayor said today:
"Prior to my election I promised to lead an initiative to use the confiscated assets of drug dealers to invest in drugs rehabilitation and awareness programmes across all of London's boroughs, and the funding for the two projects announced today will do just that."

The £340, 000 will be divided between two projects initiated by the Mayor on behalf of the London Alcohol and Drug Alliance, a coalition of statutory and voluntary sector organisations with an interest in tackling substance misuse.

The first project will tackle drug and alcohol abuse in London's refugee and asylum seeker community, a group that is currently marginalised from information and rehabilitation programmes. Implemented by the Ethnicity and Health Unit at the University of Central Lancashire the project will identify and involve key organisations working with or representing asylum seekers across London.

The aim is to increase these organisations' capacity to tackle substance misuse through training for staff and a publicity and information campaign in languages and formats appropriate for the target audience.

The second project will be implemented by the London Drug Service Users Network, and aims to ensure the development of more effective and appropriate drug services by involving those with first-hand experience of using drugs services in the planning process. Best-practice guidelines and a London training resource will be developed to support both user groups and service providers in this process.

For further information contact the Public Liaison Unit, Greater London Authority, Romney House, Marsham Street, London SW1P 3PY, tel: 020 7983 4100

For enquiries about LDAN contact Anne Delargy on 020 7253 6221

NEWS FROM THE FIELD

Nursing Council on Alcohol and UNISON Partnership

The Nursing Council on Alcohol and UNISON are inviting entries and nominations for the Essay Prize competition, the Innovation in Practice Awards and the Outstanding Contribution Award 2002.

Essay Prize Competition:

Entries are welcomed for the following categories:

- Student Nurse
- Generic/non-specialist nurse
- Specialist nurse

Innovation in Practice Awards:

Nominations are welcomed for the following categories:

- Nurse-led team or individual
- Allied profession-led team or individual

NCA Outstanding Contribution Award

Nominations are welcomed for this prize

For both the Essay Competition and the Innovation in Practice Awards the first prize is £500; an award; a certificate of achievement; presentation at NCA Spring Semester 2003; publication in 'The Drug & Alcohol Professional'. For the NCA Outstanding Contribution Award one winner will receive an award; the NCA Citation; a bottle of champagne; and honorary life membership of the NCA.

The judging panel will be drawn from leading professionals in the field. The awards will be presented at a Gala Lunch hosted by the Rt. Hon. Lord Bassam at the House of Lords in London on Wednesday 30th October 2002.

For more information or an application form contact UNISONdirect Freephone 0800 5 97 50 or the Nursing Council on Alcohol, c/o Parkholme, Ashreigney, Chumleigh, Devon EX18 7LY; tel 01769 520 577; fax 01769 520 731; email: nca.uk@btinternet.com

Camden Volunteer Bureau on the Internet

Due to funding through the Vibrant Communities partnership, Camden Volunteer Bureau has now put all of its core services on the website. This means their services are now available 24 hours a day, 7 days a week. The site has been a success, with an average of 710 visitors each month.

There are three main sections, one aimed at helping organisations, one aimed at helping volunteers and one that provides information about the bureau.

You can visit the site at www.camdenvb.org.uk

NEWS FROM THE FIELD

QuADS Consultancy Service

In February 2001 DrugScope launched the Quality in Alcohol and Drug Services consultancy service to support treatment services in working towards compliance with the QuADS Organisational Standards. This service is aimed at local DATs and commissioners to be purchased on an area basis for the benefit of all the locally commissioned treatment services.

A team of 20 consultants has been recruited by DrugScope specifically to deliver the QuADS consultancy service. The consultancy is a supportive and facilitative programme, which enables substance misuse services to complete an internal service audit and produce an individual achievable action plan for QuADS compliance.

QuADS and the National Treatment Agency

The NTA is setting up a system for inspection and accreditation. By 2008 all agencies, statutory and non-statutory, who are delivering treatment services will have to be accredited through this system.

It is important that all treatment services work towards QuADS standards now, as the upcoming quality accreditation system will be based on the QuADS standards.

Commissioners are keen to ensure that all services reach these standards. They are including compliance with the QuADS Standards in their contracts with all drug and alcohol treatment services.

If you want to find out more about QuADS contact Iain Armstrong at Alcohol Concern on 020 7928 7377 or want to find out more about the consultancy service contact Sarah Bailey at DrugScope on sarahb@drugscope.org.uk or phone 020 7928 1211 ext. 8632

A briefing document is available on the DrugScope website: www.drugscope.org.uk

No merge for Crisis and Shelter

Homelessness charities Crisis and Shelter will not merge following a decision by the Crisis board of trustees to end talks on the proposal (*Community care magazine, 14-20 Feb 2002*)

Improving Services

Services for rough sleepers with alcohol, drug and mental health problems are improving, according to a report by the homelessness agency working for the rough sleepers unit in London (*Community care magazine, 14-20 Feb 2002*)

Call 020 7403 3848 for the Progress Report on the Work of the Contact and assessment (CAT) Teams

NEWS FROM THE FIELD

The Pavilion Innovation in Training Awards 2002

Have you got an innovative approach to training that's worth sharing? Then why not enter one of three categories:

- Service user led training
- Training in partnership
- Creative training materials

The awards will be presented at a gala lunch at the House of Lords in London in October 2002.

The awards recognize that the voice of the user in the delivery of services is of key importance, whether in mental health, learning disability, older people, healthcare or young people.

Closing date: 30th June 2002

*For more information contact Edwina Rowling, Head of Publishing, Pavilion, The Ironworks, Cheapside, Brighton BN1 4GD
Tel: 01273 623 222 ext 231
Email: edwinar@pavpub.com*

Disability Access and the Tube

Disability charity Scope this week launched a new guide showing which London underground stations are accessible.

See www.thetube.com
(Community care magazine, 14-20 Feb 2002)

Homeless Increasing in Age

One in five rough sleepers is over 50 and the proportion of older homeless people is on the increase, says homelessness charity St Mungo's in the report *Old and Cold: London's Older Homeless People*, tel 020 8740 9968
(Community care magazine, 14-20 Feb 2002)

To subscribe to Community Care magazine call 01444 445566

The Fed Express

Fed News aims to maximise dissemination of BME and Diversity related information on drug and alcohol issues. There will be 3 issues in 2002 (Jan/May/Sept), before it goes quarterly in 2003.

Each issue will feature news on issues such as funding, international and best practice, an interview with a prominent professional in the field as well as informing readers of personal/professional development opportunities.

For more information contact the Federation, Suite 1.01, Astra House, Arklow Road, London SE14 6EB, tel 020 8692 2525, email: fedexpress@thefederation.org.uk, website: www.thefederation.org.uk

NEWS FROM THE FIELD

Volunteers Week

Volunteers' Week is about celebrating volunteers and the activities they do, it is a national celebration of volunteers and volunteering, which takes place in June each year –

- recognizing the huge contribution they make to society
- rewarding those who already donate their time
- recruiting new willing volunteers

Volunteers' Week gives volunteer managers and organizations the chance to say thank you to their volunteers. They can also gain publicity and recruit some new volunteers!

Volunteer for a change 7th-13th June 2002

Website:

www.volunteersweek.org.uk

Email:

Karolyn.Andrews@thecentre.org.uk

Or contact the National Centre of Volunteering on 020 7520 8932

Amended Race Relations Act 2000: Implications for the BME Voluntary Sector

CEMVO and the National Council for Voluntary Organisations (NCVO) are working in partnership alongside the Commission for Racial Equality to raise awareness of the Amended Race Relations Act 2000.

A programme of seminars and conferences is underway, ending in April 2002, for the Black and minority ethnic (BME) and mainstream voluntary sector.

The main aim of this programme is to ensure that the BME sector has an understanding of the Act and is aware of its implications.

*More information about the seminars is available from Sophia Skyers in Policy and Research, CEMVO, Boardman House, 64 Broadway, London E15 1NG
Tel: 020 8432 0408*

Your views can also be fed in via an on-line questionnaire on NCVO's website at www.ncvo-vol.org.uk

NEWS FROM THE FIELD

Pilot Project: Free Professional Support for Voluntary and Community Organisations on the Web

On 16th November 2001, the Home Office published *Free for All*, a report that concluded that voluntary and community organizations are missing out on free professional advice and support.

Pro-Help – the authors of the report, and a service of Business in the Community – found that few organizations were aware of the existence of free help or how to find it.

The ACU are looking at what can be done to remedy the lack of information. They are investigating a marketing and outreach campaign and a website to enable voluntary and community organizations track down all the free professional services available.

The consultants for the research are seeking views on the pilot website to be launched: a simple mock-up is now online at www.probonengland.net.

For a free copy of the report *Free for All?* Contact: publicenquiry.acu@homeoffice.gsi.gov.uk, or ring 020 7217 8400, or look at www.homeoffice.gov.uk/acu/acu.htm

If you want to know more about the project, or want to receive a reminder email when the site goes live, contact Tony Kerr: email tony@tonykerr.net or phone 0117 924 3023

The Partners, Families & Friends Service (PFF), Casa

Casa's initiative, The Partners, Families & Friend's Service (PFF) take referrals from adult residents of Camden who are affected by the alcohol misuse of their partner, family member or close friend.

Casa offers advice, education and psychological support to the partners, family members and friends, who have been historically, much less visible and thought about in terms of service provision, than the person who is drinking.

To make a referral or if you have any further enquiries contact Caroline Bobby or Hazel Jordan on 020 7485 1945 at CASA, 55 Fortress Road, London NW5 1AD, email: admin@casa.org.uk

NEWS FROM THE FIELD

NCVO Information & Advice for Members

NCVO provide a HelpDesk service, answering questions on all aspects of running a voluntary organization. All calls are free on 0800 2 798 798.

NCVO also provide a Fax Back service whereby you can automatically access faxed briefings at any time by calling 020 7520 2522 and request document 1000 for a list of briefing papers available.

NCVO have a *VoluntarySector* monthly magazine and their website is www.ncvo-vol.org.uk

If you would like further details on NCVO membership contact:
 NCVO Membership Team, NCVO,
 Regent's Wharf, 8 All Saints Street,
 London N1 9RL, tel 020 7520 2414
 or email: membership@ncvo.vol.org.uk

NSPCC. Cruelty to children must stop. FULL STOP.

The FULL STOP Campaign has four key objectives:

- Raising awareness of cruelty and changing attitudes and behaviour
- Safeguarding children in organizational settings
- Developing services and professional practice

- Changing law and social policy

The FULL STOP campaign was launched in March 1999, with the next phase of the Campaign beginning now until 2005. The aim is to encourage anyone and everyone who is worried about the safety of a child to take action. However, the Campaign also aims to make it clear that nobody needs to feel that they have to act alone.

The next phase of the FULL STOP Campaign is ultimately about taking responsibility and taking action together.

For a copy of the NSPCC's progress report on the FULL STOP Campaign contact the Publications & Information Unit, NSPCC, Weston House, 42 Curtain Road, London EC2A 3NH
 Tel: 020 7825 2775
 Email: infounit@nspcc.org.uk
 Website: www.nspcc.org.uk

With just two clicks of the mouse you can make a FREE donation to help stop cruelty to children in the UK.

Visit <http://www.nspcc.org.uk/donate-4-free>, then click on the green button, a donation will be paid for by the NSPCC's Website Sponsors. Pass this message to your friends and colleagues.

NEWS FROM ALCOHOL CONCERN

Alcohol threat should not be ignored

Prince Charles should be as worried about alcohol as cannabis say Alcohol Concern and DrugScope, who have combined forces to urge parents to pay more attention to alcohol problems rather than solely worrying about occasional cannabis use.

Alcohol is the primary cause of around 5000 deaths a year and is a contributory factor in an estimated 33,000 deaths. There have been no registered deaths from cannabis use.

Research has also shown that the supposed 'gateway theory', where cannabis use inevitably leads to the use of more harmful drugs like crack and heroin, is not supported by the scientific evidence.

Eric Appleby, Director of Alcohol Concern said: "Recent events have shown us that many parents are more worried about their children experimenting with cannabis rather than drinking heavily or even binge drinking, despite this being on the increase. All the research evidence shows that the dangers of alcohol far outweigh those of occasional cannabis use."

DrugScope and Alcohol Concern have joined forces in order to urge a more informed and proportionate response to the problems of drug use, legal and illegal. The two charities run a joint education and prevention project to promote and support the implementation of good practice in drug and alcohol education.

Peer Alcohol Education

With funding from the Pilgrim Trust, the Alcohol and Drug Education and Prevention Team have embarked on a pilot project to initiate, develop and evaluate peer alcohol education with groups of young men. The Team is working in partnership with UK Youth, a leading, national, and non-government sector youth organisation.

The pilots will take place in Cheshire, Buckinghamshire and Birmingham and will attempt to work with hard to reach young men. One of the key aspects of the project is that it requires youth workers to work in partnership with workers from alcohol agencies. These local partnerships will be encouraged to be as creative as possible in terms of the types of interventions they develop. They met together for an initial planning workshop in March.

For more information about this project, please contact Vivienne Evans, on 020 7922 8637.

NEWS FROM ALCOHOL CONCERN

Young people regional conferences

Following the successful conference *Alcohol, Children and Young People* in October 2001 the Alcohol and Drug Education and Prevention team will be running three regional conferences to promote and support alcohol education and prevention work. Focusing on local initiatives with young people in a range of contexts the conferences aim to show case what can be done and promote local networking and partnership work. The conferences will be in:

- Leeds *date to be confirmed*
- Bristol 29th May
- London 12th June

We are still seeking further examples of alcohol education and prevention initiatives with young people in each of these areas. If you are involved with a project we would like to hear from you. We are interested in everything from broad local alcohol strategies which have a focus on young people, to school or youth work based projects and outreach or educational work provided by services. We are also interested to hear from projects and organisations supporting children of problem drinking parents or carers.

For more information, either to take part or attend the conference, contact Carol Marsh on 020 7922 8635 email carolm@drugscope.org.uk

New self-help awards

On 18th January the third meeting of the Self-Help Grants Panel awarded grants to all six applicants. The successful groups were; Last Orders (Norwich), Crewe Alcohol Support Group (Cheshire), Time! (West Midlands), Cross Addiction Recovery (West Sussex), Again (Anglesey) and Gay & Lesbian Alcohol Free Friends (Bristol). Each group will be funded £2,000 per annum for a two-year period. Twenty groups are now funded under the initiative.

The next, and final, panel meeting is to be held on Monday 15th April. Alcohol Concern is presently trying to identify other funding sources to fund new groups beyond April. Watch this space!

If you require additional information on this initiative please contact Jim Asbury on Tel: 020 7922 8661.

NEWS FROM ALCOHOL CONCERN

School booze culture warning

Alcohol Concern has hit out at the drinking culture described in the recent court case against schoolteacher Amy Gehring – calling for improved alcohol education for pupils and teachers in its wake.

Miss Gehring – cleared of sex offences against boys at a Surrey school – was alleged to have taken part in late night drinking sessions with boys in her charge.

Commenting on the implications of the case, Alcohol Concern Director Eric Appleby said: “It’s amazing that all the publicity in this case has focused almost entirely on sex. It’s a safe bet that none of this would have happened were it not for the fact that both teachers and pupils were drunk - thanks to drink supplied on school premises on at least one occasion.

“With teenage drinking on the increase – and with teachers identified as a high risk drinking group – this was clearly not a one-off situation at a single school. The case is symptomatic of our approach to alcohol misuse in this country. Rather than stepping up education and prevention – by introducing a carefully considered national strategy – we seem content to sweep up after the sort of problems that emerged in this case.”

Last year the Drug & Alcohol Education & Prevention Team, set up by Alcohol Concern and DrugScope, published a comprehensive guide for schools on alcohol issues: *Alcohol: Support and Guidance for Schools*, Priced £10 is available from the Alcohol Concern information line, Monday-Friday 1pm-5pm on Tel: 0207 922 8667

New arrival at AC

Enise Aymer started working as Business Development Manager in December 2001. Enise’s first priority is to develop Alcohol Concern’s consultancy service, which had been created at the request of the trustees in response to many requests received for help and assistance. She is also looking at other methods of generating income for Alcohol Concern. Prior to her post as Business Development Manager, Enise Aymer has worked in local government and the voluntary and private sector and has experience in contract and budget management.

You can contact her by Tel: 020 7922 8659 or Email: eymer@alcoholconcern.org.uk

NEWS FROM ALCOHOL CONCERN

More support needed for black and ethnic minorities

It's a myth to believe that all black and ethnic communities have less of a problem with alcohol misuse than their white counterparts. Yet many people from those communities feel reluctant to approach traditional help-giving services – as these are often seen as insensitive to their needs.

These are two key findings to emerge from a new study into alcohol use by ethnic minority communities – commissioned by Alcohol Concern and carried out by Aquarius, the Midlands based alcohol and drugs agency.

The survey was conducted among 1,684 second or subsequent generation men and women in the Midlands from Black (African), African-Caribbean, Black (British), Indian Hindu, Indian Sikh and Bengali and Pakistani communities in Birmingham and Leicester.

It found relatively high levels of drinking amongst black communities, and male Sikhs. Whilst most Pakistani and Bengali men and women, and Sikh and Hindu women, were non-drinkers, among African-Caribbean men and women and Sikh men, alcohol was used by most people.

“The drinking of substantial minorities of those groups gives cause for concern,” says Bob Purser, Director of Aquarius Action Projects. “The report identifies action which can be taken by local communities, alcohol agencies and the government to reduce the levels of harmful drinking and provide help for those requiring it.”

Adds Alcohol Concern Director, Eric Appleby: “There is a common misconception that existing structures can cope easily with drink problems amongst black and ethnic communities – because their needs are often perceived to be precisely the same as everyone else’s. This survey explodes this myth – and makes a series of valuable recommendations for future action by local and national policy-makers.”

Key recommendations arising from the survey include:

- Ensuring that community safety and public health campaigns on alcohol include ethnic minority communities in their target groups.
- Encouraging primary health care teams to recognise the need of minority ethnic communities when delivering alcohol interventions.

NEWS FROM ALCOHOL CONCERN

- Recognising the impact on 'affected others' within minority ethnic communities – particularly families.
- The importance of promoting links between specialist alcohol services and minority ethnic communities.
- A continuing of the development of initiatives within Sikh men and among the African-Caribbean community.

A copy of the survey, *Drinking in Second and Subsequent Generation Black and Asian Communities in the English Midlands*, priced £15 incl. p&p is available from the information line, Monday-Friday, 1pm-5pm on Tel: 020 7922 8667.

Resources from the Primary Care Alcohol Information Service

Indicators, symptoms and harmful effects of alcohol misuse

This factsheet was written in response to requests from primary care professionals for information on the physical, psychological, social and familial symptoms that can indicate alcohol misuse. This factsheet describes both the indicators of alcohol misuse and the potential harmful effects of excessive drinking. It does not provide a comprehensive list of all possible symptoms but instead contains information about the main indicators that can alert health care professionals to the possibility of

alcohol misuse.

We don't have an alcohol problem in our practice? – Advice on how to engage primary care teams in alcohol projects.

One of the biggest difficulties for alcohol services wishing to work directly with primary care is attracting primary care teams to take part in projects. This factsheet contains useful tips for encouraging primary care teams to take part in alcohol projects. It summarises the experiences of the 11 demonstration projects involved in Alcohol Concern's 'Alcohol services in primary care grants programme', which have all successfully developed partnerships with primary care teams.

Primary Concern – Issue 3

The third edition of the PCAIS newsletter is now available and contains information about PCT commissioning of alcohol services, increases in alcohol related ill health and two articles on alcohol projects in primary care that were funded under Alcohol Concern's 'Alcohol services in primary care' grants programme.

To order PCAIS publications contact: Anna Wood, Primary Care, Information Officer, Alcohol Concern, Tel: 020 7922 8668
awood@alcoholconcern.org.uk

NEWS FROM ALCOHOL CONCERN

Alcohol-related deaths on the rise

Dramatic increases in deaths due to alcohol-related liver cirrhosis – announced by the Chief Medical Officer of Health – show that Britain’s drinking culture is hitting people younger than ever before. Now Alcohol Concern is calling for a one per cent levy on the drink trade’s £227 million annual advertising spend - to give a much needed boost to the £1 million a year spent on the prevention and treatment of alcohol misuse.

The CMO’s report shows that liver cirrhosis deaths have risen in most age groups over the last 30 years of the 20th century. Especially worrying is the increase amongst younger people aged 35-44, where there was a startling eight-fold rise in deaths amongst men, and a six-fold increase amongst women. Even amongst 25-34 year-olds there was a threefold rise in the death toll over the 30 years.

This contrasts starkly with other European countries where liver cirrhosis death rates are broadly falling. Alcohol Concern Director Eric Appleby said: “We need to think carefully about placing much greater emphasis on education and prevention if we are to get to grips with this damaging trend. This needs to go hand in hand with practical steps to look at the way alcohol advertising effectively promotes binge drinking – and it’s

only right that the drinks trade should pay something towards this, given the miserly sums currently being spent.”

He continues “One of the many worrying figures contained in the CMO’s report is that hospital admissions for chronic liver disease doubled between 1970 and the mid-1980s and then continued to rise steadily, to the point where by 1999 there were some 9,000 admissions for alcoholic liver disease and 3,000 specifically for liver cirrhosis. This shows that the liver cirrhosis cases are only a small proportion of serious illnesses linked to heavy drinking – and demonstrates once again that alcohol is a major burden on the NHS.”

NEWS FROM ALCOHOL CONCERN

Drinking and sex: A risky combination?

Alcohol's relaxing and inhibition-reducing qualities may be deliberately used to enhance sexual experiences, but what if it impairs judgment about choice of partner, use of contraception and a whole range of other choices relating to personal safety and well-being?

This concerns young people as much as adults, especially as the UK has rising levels of sexually transmitted infections (STIs) among the young, the highest rate of teenage pregnancy in Western Europe, and one of the highest levels of alcohol use by under 17s in Europe. A new briefing paper *Alcohol and Teenage Pregnancy* by Alcohol Concern draws together the evidence for the links between alcohol and risky sex and what those working with young people can do to help.

The paper explores the evidence for direct links between being intoxicated and risky sex, for example failure to use contraception, sex under 16 and sex with someone they had known for less than a day. It also explores the indirect links between those who drink and those who have risky sex or engage in a range of other risk-taking behaviours.

It suggests that those working with young people in schools and youth work settings provide opportunities

for young people to gain the knowledge, understanding, attitudes and skills they need to make healthy choices about sexual situations involving alcohol, as well as address general risk taking behaviours. Current guidance on drug, alcohol and tobacco education and sex and relationships education supports this joint approach. The paper lists sources of support and resources for practitioners.

For more information or a copy of the paper please contact the Alcohol Concern information line, Monday-Friday 1pm-5pm on Tel: 0207 922 8667.

New arrival at AC

In her role as Information Assistant, Gemma Cantelo will provide support to the Information and Communications team. Along with the rest of the team, she will assist in the running of the Alcohol Concern Information Line responding to enquiries for general alcohol-related information. She will also assist visitors to the library and maintain reference files of newspaper cuttings. Gemma will take on responsibility for membership and magazine subscriptions, maintaining and updating records and answering all membership queries. To contact Gemma Tel: 020 7922 8666 or Email:

gcantelo@alcoholconcern.org.uk

NEWS FROM ALCOHOL CONCERN

News from Consultancy Services

Since the launch of the consultancy service, the report on the *Impact of Alcohol Misuse in Hackney* has been completed. The report was very well received by Safer Communities Executive Committee and Hackney has started implementing the recommendations of the report.

Barking, Dagenham and Havering Drug Action Team's study into *Young People's Substance Misuse Needs Assessment* is near completion. The commissioners were impressed with the report and recommendations and they asked for a further report examining the relationship between substance misuse and crime in Havering.

Camden and Islington Substance Misuse Joint Commissioning Team has asked Alcohol Concern to help them develop their process of consultation with service users and with local people who have received a substance misuse treatment.

Redbridge and Waltham Forest Drug Action Team's Joint Commissioning Group's needs assessment and service review is shortly to finish. Consultants held a stakeholders meeting in January to discuss their findings, which was appreciated by all stakeholders.

In addition, Addiction Counselling Trust in Buckinghamshire, Kirklees Alcohol Advisory Service, Alcohol and Drug Service in Manchester and NORCASS are being assessed by Alcohol Concern Consultants against QuADS standards.

Alcohol Concern offers its consultancy service to a large range of organisations on topics such as local strategies, combating substance misuse, service commissioning and reviews, primary care training, outcome monitoring and evaluation. In addition the consultancy service provided speakers for conferences and workshops to contribute on the day.

The Service has generated interest among commissioners and managers. There have been several enquiries and requests for help.

If you want to know more about the service, contact Enise Aymer Business Development Manager on Tel: 020 7922 8659 - she can explain the nature of consultancy, the cost and explore ways of finding a solution at a minimum cost.

NEWS FROM ALCOHOL CONCERN

NDN National Forums

Work to develop the National Forums is now well under way with the following progress being made since the formation of the new NDN team.

Residential Services

After a lively meeting of the Residential Interest Group in February 2002 it was decided that all members of the group should be consulted on the proposed move to being an NDN forum. This consultation is now under way and the team is currently awaiting responses from members.

Service Users

The team is researching how best to proceed with developing this forum. Contact with those working in existing Service User bodies has been made with a view to establishing effective working relationships.

Black and Minority Ethnic

Recent attendance at conferences and workshops focusing on BME issues by members of the NDN team has provided indicators of how best to develop this forum. A list of contacts is also being created.

Children and Families

A meeting of 'interested parties' hosted by the NDN team took place at Alcohol Concern on Tuesday 9th April, the aim of which was to discuss next steps for the forum.

Further meetings are scheduled to take place at Alcohol Concern on the following dates:

Thursday 30th May 2002

Tuesday 9th July 2002

Thursday 29th August 2002

Tuesday 22nd October 2002

If you are interested in being involved in any of the National Forums, please contact any member of the NDN Team.

NEWS FROM ALCOHOL CONCERN

Alcohol – one less problem for primary care?

A One-Day Conference - Thursday 28th February 2002, The Birmingham Grand

The speeches from the conference can be found on

www.alcoholconcern.org.uk. The keynote speaker was Dr Philip Leech, Principle Medical Officer, Department of health; Dr Colin Drummond, St George's Hospital Medical School; Dr Chris Luke, Cork University Hospital; Lynn Owens, Alcohol Specialist Nurse, University of Wales; and Clare Croft-White, Evaluation Consultant.

The conference had a practical focus and provided a choice of masterclasses on:

- Screening tools and brief intervention techniques
- Setting up an alcohol project in primary care
- Commissioning alcohol services for a PCT
- Community detoxification

For more information contact Anna Wood, Primary Care Information Officer, Alcohol Concern, Tel: 020 7922 8668

Email:

awood@alcoholconcern.org.uk

"I was delighted to attend the Alcohol Concern conference in Birmingham on 28 February 2002.

It is good to see activity to raise profile on the size and devastating impact of alcohol problems in society. I agree with the speakers that alcohol is our favourite drug. I think its impact on a population of our society is devastating.

I was pleased to hear Dr Drummond advocate a stepped approach to care beginning with education, brief interventions and screening, but following the needs of the individual. I am delighted that the benefits of these interventions are now clearly established. I would hope that future presentations also show the need and clear benefit of the more intensive interventions for significant proportions of the population so that services really do reflect responses to needs right across the spectrum of alcohol problems.

Thanks once again for an excellent programme."

Steve Stephens
Clinic Director
The Priory Clinic Nottingham

NEWS UPDATE

Pubs to pay for policing

Pubs and clubs could be made to meet more of the costs of policing in inner cities to help police meet the needs of the rest of the community under radical new reforms announced by the Government in the White Paper, *Policing a New Century*.

The Government is concerned at the cost incurred in policing pubs and clubs, especially those that are open late into the night. A number of these initiatives already exist, with one in Peter Street, Manchester, where Greater Manchester Police deploy one officer and the licensed premises pay for a second, the two of them patrolling the street on foot.

The White Paper also suggests a closer working relationship between police and licensees, whereby they share information with police and take joint action against known hooligans and binge drinkers.

The White Paper suggests joining the Crime and Disorder Reduction Partnerships (CDRPs) and Drug Action Teams (DATs). The Government believes that although these initiatives have separate functions, in many areas it is often the same local representatives meeting in different bodies with more or less the same membership.

By creating a single new partnership the Government feels

it will simplify working relationships on a local level.

The White Paper, *Policing a New Century* can be downloaded at: <http://www.policereform.gov.uk/whitepaper/index/index.htm>.

CAF & NCVO launch the most comprehensive look at charitable giving in the UK

CAF and NCVO have collaborated to bring together in one place research from many sources which reveals who is giving what to charity, and why, in a unique new book.

'A Lot of Give' looks at all the influences on our decision to give from economics to politics, and examines what charities themselves will have to do to capture a new spirit of philanthropy.

It also draws together the latest information on all aspects of tax-effective giving, from what benefits are available for the donor or the charity, to the impact of recent changes to tax-effective giving on levels of support.

For more information visit www.CAFonline.org/news

NEWS UPDATE

Criminal Records Checks

The Criminal Records Bureau launched its system of criminal record checks ("disclosures") on Monday 11th March, initially for those who are currently able to access police checks.

There are three levels of disclosure - Enhanced, Standard and Basic. For standard and enhanced disclosures, the application has to be countersigned by a body registered with the CRB (known as an Umbrella Body). Umbrella bodies will have to pay £300 to register with the CRB as well as the cost of administering the applications. Because of this NCVO is concerned that it may be difficult for smaller organisations to find an umbrella body to countersign their application for a disclosure and that if they do, they will have to pay a fee to cover the umbrella bodies costs whether the application is for a paid member of staff or a volunteer. NCVO and other voluntary organisations have raised these issues with the Home Office and are contacting MPs to highlight their concerns.

If you would like a copy of a briefing on the CRB, please contact richard.hebditch@ncvo-vol.org.uk.

Information on the CRB can be found at www.disclosure.gov.uk.

News from the Quality Standards Task Group

Bridie Sullivan has been appointed as the new QSTG Project Manager, with effect from 3rd April. Bridie currently works as NTO Development Officer for the Voluntary Sector National Training Organisation at NCVO, which promotes workforce development and access to learning opportunities for paid staff, volunteers and trustees.

The latest edition of the QSTG Newsletter will be available from 2nd April at www.ncvo-vol.org.uk/main/about/does/qs.html#newsletter

This issue focuses on passporting, and includes a report on the mapping exercise carried out by The Legal Services Commission (LSC) to help organisations passport from one quality standard to the LSC Quality Mark. Also included in this issue are details of research work the QSTG will be managing, alongside the Charities Evaluation Services, to look at how quality systems are actually being used by voluntary and community groups. QSTG are keen to identify voluntary organisations that would like to participate in the research.

For more information on the work of the QSTG, please visit www.ncvo-vol.org.uk/main/about/does/qs.html

NEWS UPDATE

News from NCVO

NCVO is running an on-line consultation to find out if voluntary organisations think the sector would benefit from having a dedicated skills Council to identify and address its employment needs. If you believe that a Voluntary Sector Skills Council would be of benefit then you can take this opportunity to express your views. According to VSNTO, unless significant support is demonstrated, the government will not fund a Skills Council for the sector, and there will not be a coherent structure in place to make adequate representation about the sector's needs.

A Skills Council would be a strategic body. It would:

- Undertake research to identify employers' needs and difficulties
- Monitor the external environment for factors that will impact on employer needs in the future
- Work with funders of training, trainers themselves, accreditation bodies and the sector's funders to ensure that money is channelled in the ways and into the places that will best meet the skills and workforce development needs of employers in the voluntary sector

- Map career pathways in that sector, provide information about learning and training opportunities and promote careers within the sector

The short on-line consultation can be found at:
<http://www.ncvo-consult.org.uk/survey.asp?s=01154219000248159>

*For more information about the application for a Voluntary Sector Skills Council, and ways to get involved, please visit the Voluntary Sector NTO website:
www.vsnto.org.uk*

The Voluntary Sector National Training Organisation (VSNTO) has recently launched a project to develop National Occupational Standards and Qualifications in Fundraising. It is now possible to comment on the project through online consultation at www.pyetait.com/fundraising or the VSNTO website www.vsnto.org.uk/nos.htm

The website provides:

- Information on the project
- Details of how to get involved
- Requests for information (job descriptions, training material, fundraising roles etc)
- Questions to consider

For more information contact Sarah Pollet on 020 7520 2415

NEWS UPDATE

Wasted – New Channel 4 Series

This four-part series to be shown in April 2002 is about people living on the fringes of society. Wasted charts the stories of people who are hidden – many don't even figure in the statistics' books.

Two years in the making, this series provides a social commentary on the 21st century through the eyes of people who normally have no say.

Wasted portrays a world where, for some, hard drug abuse and drink is endemic; a form of long-term pain relief: a numbing down. Where petty crime, appearances in magistrates' courts, drug rehab, burdensome personal loans and prison are a well-established cycle.

The first film Stacey and Friends tells the story of a 24-year-old woman who works the streets of Whitechapel. Clients include tourists, city gents and locals. This is the bottom end of the sex market where a chaotic pattern of work and drug abuse eventually takes its toll.

In Petrolman, we meet Steve and Gill in their mobile home as they travel round East London. They live in their car: literally of no fixed abode. This has been their home for two years. Their 7-year-old son Jack stays with his grandfather. Not providing a home for Jack is tearing them apart. Steve only comes to life

when he talks about Jack and listens to Arsenal matches on the car radio.

The Magical World of Susie Wardrobe tells the story of a young mother suffocated by debt. Like many people in her Newcastle housing estate, she lives hand-to-mouth. She has no way of paying back her personal loans and the interest on them and cannot see a way out for herself or her toddler, Liam.

The former mining town of Ashington in Northumberland is the setting for After the Fall. Father of four, Steve Longstaff comes from mining stock. He is one of thousands of men living the legacy of the 1984 miner's strike. Long forgotten, Ashington is a mining town with no working mines. Steve, 36, used to be employed in a cement factory. But when it closed down that was the end of his working life.

For more information contact Sophie Toumazis @ tpr on 020 8347 7020 sophie@tpr-media.com

NEWS UPDATE

Alcohol fuels 24-hour economy

The new 24-hour economy is driven by the leisure industry, and revolves around the sale and consumption of alcohol, according to the report *All Day and All the Night?* published by the Local Government Association.

The report suggests that although the growth in a night-time economy has encouraged the rejuvenation of many urban areas, it has also led to an increase in alcohol-related problems, especially where residents live alongside late night venues.

The main factors driving the new 24-hour economy include more young professionals choosing to live in city centres, more flexible working hours, an increase in disposable income, the growth in dance culture and the increased availability of town centre venues as businesses move.

Demographically it is young people and pensioners that have both the disposable income and the time to utilise these new city centre venues, although the majority of venues cater for the 18-25 age group.

Positive implications of the late night economy include economic regeneration, bringing new prosperity to declining areas by creating more jobs and more economic activity. The perception of public safety also improves, as residents feel safer when streets

are busier.

Negative implications include an increase in noise from venues and customers leaving in the small hours. The report says: "Anti-social behaviour is often a problem, with drunken customers fighting, urinating (and worse) in residents' gardens, and leaving a trail of litter."

The report recommends that local authorities should be given the role of granting licenses and monitoring licensed premises. It also suggests staggered closing times for pubs and clubs, and encouraging good practices among licensed premises including 'cooling off' customers, e.g. by quietening music or stopping alcohol sales towards the end of the evening or by holding regular meetings with local residents. It also suggests licensing authorities should discourage bad practices such as offering free or cheap drink, or turning up music towards the end of the evening.

For a copy of the report visit:
www.lga.gov.uk.

NEWS ON FUNDING

Funding sources for IT Equipment, Software and Services

The Internet, through the development of the NDN web pages and increased use of email, is becoming an important part of the NDN project. It is hoped that increased use of this technology will create more opportunities for effective networking between services and ensure thorough and widespread dissemination of information and good practice.

However, the NDN project is aware that access to information technology within services is limited as the costs of attaining and installing the appropriate equipment can be prohibitive.

In an attempt to help services overcome these problems, the following list of possible funding sources for IT equipment are in addition to those listed in the last newsletter. The list is by no means exhaustive and is updated regularly – please contact the NDN team if you know of any IT schemes/ funding sources in your area that may be of interest to others.

Please note that the appearance of schemes in this publication does not constitute an endorsement by the NDN Team of services offered nor does it guarantee that requests for funding will be successful.

Dixons Group Community Investment Programme

The Dixons group has two funding schemes – the Dixons Group Foundation, which contributes to specific projects in the community and the Vouchers Scheme, which supports requests for equipment.

Further information:

Foundation

*Community Relations Department,
Dixons Group plc, Maylands
Avenue, Hemel Hempstead HP2
7TG*

Tel: 01442 353000

*Vouchers Scheme: Claire Rogers,
Corporate Affairs Executive (see
above address)*

Pugh Computers Ltd

This supplier of software to the education and voluntary sectors offers discounts to voluntary sector organisations on a wide range of software (some require NCVO membership)

Further information:

*Pugh Computers Ltd, Denver
House, Llanon Aberystwyth
SY23 5LP*

Tel: 01974 200201

NEWS ON FUNDING

IT/General Funding Opportunities

ITSUVO

A not-for-profit company sponsored by the Joseph Rowntree Foundation, ITSUVO's primary role is to provide voluntary groups with affordable advice and practical help in the efficient and effective use of information communications technology. Services provided include ICT surveys, onsite technical support, and web site creation.

For further information on costs and full details of services offered contact:

*ITSUVO, Farndon House,
Information Trust, Unit 16, Listerhills
Science Park, Bradford, West
Yorkshire
BD7 1HR*

The UIA Charitable Foundation

The Foundation provides support to organisations that take action on social issues. Preferred areas of funding include alcohol and drug addiction, homelessness and housing and children.

*For further information contact:
Christine Kraina, UIA Charitable
Foundation, Kings Court, London
Road, Stevenage, HERTS
SG1 2TP*

*Tel: 01438 761615
Fax: 01438 761762
Email: christine.kraina@uia.co.uk*

ESF Global Grants

This is a new small grants programme funded by ESF and is intended to provide a simplified application process to groups who require less than £10,000 of ESF funding. The purpose of the Global Grants scheme is to make ESF funding available to small non-governmental organisations which are often well placed to respond to social exclusion but not necessarily well-equipped to deal with the demands of mainstream applications.

To find out if there is a Global Grants Scheme in your area, contact your local Government Office. Addresses are on the web at www.regions.dtlr.go.uk/index.htm

'A guide to funding from government departments and agencies' (second edition) Susan Forrester and Anthony Stenson

This publication (supported by the government's Active Community Unit) describes the funding for voluntary organisations and community groups in England available from central government departments and agencies. It tracks more than 200 sources of funding which are cross-referenced via subject index.

*To order the guide, contact:
DSC Books, 24 Stephenson Way,
London NW1 2DP
Tel: 020 7209 5151
Fax: 020 7209 5049
£18.95 plus postage
ISBN 1 900360 79 9*

NEWS ON RESOURCES

New Counselling & Psychotherapy Resources Directory 2002 (CPRD)

This is a new publication from the British Association for Counselling and Psychotherapy. The directory has 4,500 listings for counsellors, psychotherapists, and related charities and organisations.

The directory is organised by region and county with indexing by surname. There are also sections dedicated to counselling supervision, training and nationwide individuals and organisations.

CPRD 2002 costs £32 (BACP members), £36 (non-members).

BACP publications ordering line 0870 443 5172 or order online at www.bacp.co.uk

For more information contact Paul Revell at BCAP on 0870 443 5224, British Association for Counselling & Psychotherapy, 1 Regent Place, Rugby, Warwickshire CV21 2PJ

NCVO Policy Update

The March NCVO Policy Update is now available on NCVO's website at <http://www.ncvo-vol.org.uk/main/about/does/policy/updates/Mar02.htm> and includes information about recent policy work, including public services, charity law reform, the local government white paper and progress on the rural project.

New publication from NCVO Developing Trustee Boards: A Manual for Trainers

Effective trustee boards are the key to successful voluntary organisations, and this ringbound manual explores ways to work more effectively with trustees, how to carry out a board self-assessment, how to handle trustee induction, how to create policies, plan strategically and conduct meetings more efficiently.

Price £20 + p&p. To order contact Hamilton House Mailings on 01536 399 016

Children's Health & Safety

www.childalert.co.uk is a website for anyone wanting information on children's health and safety. The site, which puts a particular emphasis on safety, covers a range of topics, from 'fireman Sam's safety tips' to the value of complementary medicine and where to get help on infertility. Visitors can email experts in the 'ask a question' section.

NEWS ON RESOURCES

TUC orders drink and drugs policy

The TUC has launched a guide to drugs and alcohol in the workplace and called on employers to develop workplace policies. TUC general secretary John Monks said: 'Trade unionists should see that effective policies are pursued at work, both to prevent substance abuse and to help those who may have become dependent on alcohol or drugs. Employers have a duty of care to their employees under both employment and health and safety law...The introduction of a comprehensive, planned drug and alcohol policy covering the whole of the workforce can have significant benefits for employers, employees with an alcohol or drug problem, as well as for their colleagues.'

The TUC *Drunk or disordered* report says employers should:

- recognise that alcohol/drug misuse is a health problem;
- prevent drug/alcohol misuse by developing awareness programmes;
- identify employees with a problem at an early stage; and provide assistance to employees with drug/alcohol related problems.

The TUC guide *Drunk or disordered* (ISBN 1 85006 616 7) is available price £15 (£4.75 to union members) from [TUC Publications](#) on Tel: 020 7467 1294.

Alcohol and health

Alcohol can help your brain stay healthy in older age according to new research.

The study discovered that moderate drinking (up to two units of alcohol for women and four units for men) might be associated with a decreased probability of dementia. However, it was also found that excessive alcohol consumption is linked to an increased prevalence of dementia among older people.

The study, published in *Alcoholism: Clinical and Experimental Research* 2001; 25:1743-48, looked at the association between average alcoholic intake and cognitive performance among 15,807 patients.

For further details on the study: *Dose-Related Impact of Alcohol Consumption on Cognitive Function in Advanced Age: Results of a Multicenter Survey* visit: www.alcoholism-cer.com.

NEWS ON RESOURCES

Get Ready!

This is a magazine-style leaflet to help prospective parents prepare for their new role and manage some of the emotional pressures a new baby can bring. It is one of three publications produced by the NSPCC to help professionals and others working with new and would-be parents.

Contact the Publications and Information Unit. Tel 020 7825 2775. Email: infounit@nspcc.org.uk or visit its website at www.nspcc.org.uk

Postnatal depression and maternal mental health, a public health priority

This highlights the difficulties that 100,000 new mothers experience each year due to postnatal depression.

The book, a compilation of the latest research on the topic by health professionals and academics, is aimed at health visitors, midwives, GPs and mental health professionals.

Copies are priced at £5 for members of the Community Practitioners and Health Visitors Association - £7.50 for non members. Contact McMillan Scott, 6 Bourne Enterprise Centre, Wrotham Road, Borough Green, Kent TN15 8DG. Tel 01732 884023

Telephone Helplines Directory 2002

The Telephone Helplines Association has published a revised Telephone Helplines Association Directory, which gives full service details of over 1,100 specialist helpline services operating throughout the UK. All helplines listed are committed to adhering to the THA quality principles

For more information contact the Telephones Helplines Association, 4 Dean's Court, St Paul's Churchyard, London EC4V 5AA. Tel 020 7651 4321. Email: info@helplines.org.uk. Website: www.helplines.org.uk

The THA Directory costs £18 each.

The British Library Website

The British Library have recently restructured their website to make it easier to navigate www.bl.uk

The British Library Public Catalogue can be found on <http://blpc.bl.uk>

You can order documents on www.bl.uk/articles-direct.html

NEWS ON RESOURCES

A Selection of New Titles from Jessica Kingley Publishers

To send for a complete catalogue contact: 116 Pentonville Road, London N1 9JB

Tel: 020 7833 2307

Fax: 020 7837 2917

Email: post@jkgp.com

Website: www.jkgp.com

Please note that the appearance of titles in this publication does not constitute an endorsement by the NDN Team of their quality, use or availability.

Good Practice in Supervision

Statutory and Voluntary Organisations

Edited by Jacki Pritchard

Considers the need and format for successful supervision, methods of effective implementation, particular difficulties and problems encountered, and anti-discriminatory practice.

Manual Handling in Health and Social Care

An A-Z of Law and Practice

Michael Mandelstam

An accessible overview of manual handling legislation, national guidance, policy and practice for those involved in the manual handling of adults and children, whether in 'hands-on', managing, commissioning or advisory roles.

Helping Families in Family Centres

Working at Therapeutic Practice

Edited by Linnet McMahon and Adrian Ward

Based on a psychodynamic approach emphasising the central importance of attachment in relationships, this book also applies systemic ideas and the 'therapeutic community' approach to the overall design and management of family centres.

Adult Day Services and Social Inclusion

Better Days

Edited by Chris Clark

Placing adult day services within the whole spectrum of social provision and support, the contributors to this text explore their complementary role alongside field social work, health care, domiciliary services and supported accommodation.

The importance of this sector in contributing to social inclusion is highlighted, with Part 1 looking at existing policy and Part 2 outlining the practical applications of both theory and policy, illustrated with case studies.

NEWS ON RESOURCES

Fetal Alcohol Syndrome: Information for health professionals and community services – New Zealand

The damage caused by fetal alcohol exposure is permanent FAS should be determined by a medical diagnosis that confirms a number of birth defects associated with drinking during pregnancy FAS is entirely preventable

For more information contact Fetal Alcohol NZ Trust on 09 6360359 or visit www.alcohol.org.nz

Two further free resources *are Baby or the Bottle?* – a card that can be used for display purposes and includes three key brief messages about drinking during pregnancy, and *Drinking and Your Baby* – a pamphlet that gives more information on the effects of alcohol on the fetus.

To read more on the subject visit FAS Scotland on www.fas_scotland.homestead.com or the National Organization on Fetal Alcohol Syndrome (US site) on www.nofas.org

USEFUL WEBSITES

The NDN team has compiled a list of websites that you may find useful to refer to. It is not exhaustive but includes some useful sources of information. Please contact Bethany Williams in the NDN team if you have a website(s) you would like to be added to the list.

ORGANISATION

WEB ADDRESS

Alcohol/Addiction Specific

Addiction Search	www.blackwell-science.com/add
Addiction Today	www.addictionsearch.com
Alcohol & Alcoholism (Journal)	www.addictiontoday.com
Alcohol Concern	www.oup.co.uk/alcalc/
Alcohol in Moderation (AIM)	www.alcoholconcern.org.uk
Alcoholics Anonymous	www.aim-digest.com
EATA	www.hexnet.co.uk/alanon
Eurocare	www.eurocare.org
Institute of Alcohol Studies	www.ias.org.uk
Medical Council on Alcoholism	www.medicouncilalcol.demon.co.uk
Think About Drink	www.wrecked.co.uk

Health/Mental Health

British Liver Trust	www.britishlivertrust.org.uk
Centre for Health Information Quality	www.hfht.org/chiq
EC Public Health	www.europa.eu
Health Action Zone	www.haz.co.uk
Health Development Agency	www.had-online.org.uk
Health News	www.reutershealth.com
Health Service Journal	www.hsj.co.uk
Healthfinder	www.healthfinder.gov
Index of health resources	www.healthcentre.org.uk
National Electronic Library for Health	www.nelh.nhs.uk
NHS Beacons	www.modernnhs.nhs.uk
NHS Confederation	www.nhsconfed.net
OMNI	www.omni.ac.uk
Royal College of Psychiatrists	www.rcpsych.ac.uk
Scottish Health on the Web	www.show.scot.nhs.uk
World Health Organisation	www.who.dk
Young Minds (Childrens' Mental Health)	www.youngminds.org.uk
Young Peoples' Health Network	www.had-online.org.uk

Research

AERC	www.aerc.org.uk
How to Consult Users	www.servicefirst.gov.uk
Joseph Rowntree Foundation	www.jrf.org.uk
National Research Register	www.updat-software.com/national/default.htm
Resource & Service Development Centre	www.rsdco.demon.co.uk

USEFUL WEBSITES

Government Sites

Drug Prevention (Home Office)	www.homeoffice.gov.uk/index.htm
Government (General)	www.open.gov.uk
Local Authority Information	www.info4local.gov.uk
Mind-body-soul	www.mindbodysoul.gov.uk

Charity Sites

Action with Communities in Rural England	www.acre.org.uk
Association of Directors of Social Services	www.adss.org.uk
Charity Commission	www.charity-commission.gov.uk
Crisis	www.crisis.org.uk
Homeless Link	www.homeless.org.uk
Locate	www.locatenet.org.uk
LVSC	www.lvsc.org.uk
National Children's Bureau	www.ncb.org.uk
NCVO	www.voluntaryorganisations-regions.org.uk
NSPCC	www.nspcc.org.uk

Funding

Community Fund	www.community-fund.org.uk
Media Trust	www.mediatrust.org
Pro Funding	www.fdonline.co.uk

Policy Information

Society	www.societyguardian.co.uk
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Training

DfES	www.dfes.gov.uk
QCA	www.qca.org.uk
SCONTO	www.sconto.org.uk
SQA	www.sqa.org.uk
TOPSS	www.topss.org.uk

FEEDBACK

ARP BIRTHDAY BASH

The NDN team report back from Alcohol Recovery Project's Birthday Bash, which was held at the Royal Institute of Electrical Engineers on 27th February 2002.

The event was an informal affair, with a jazz band to boot. However, the speakers and content of the afternoon were designed to give weight to the valuable work that ARP have undertaken and developed over the past thirty-five years.

The afternoon opened with Brian St Louis, Chair, welcoming and introducing the event and describing the work that ARP have completed over the years.

Tim Cook, Founding Director then took to the stand to describe 'ARP-Aspiration into Action'. Tim started by detailing his background as a Warden when first joining ARP. The climate at the time had meant that no voluntary sector had got to grips with 'problem drinkers', although the problem of 'addiction' was of concern in the 60's. Who could imagine where ARP would develop!

Tim went on to explain that cultures of organisations are set very early on, and that this was no exception and was critical to ARP. Creative and challenging were words that Tim used, as well as saying that it was never boring job to do, always different. Thinking back to what their aspirations were Tim explained that ARP wanted to really think about their systems, to try understanding why clients didn't respond to services, and above all, to not blame the client. Research was undertaken on how best to respond and develop their service in light of this, and how, most importantly to engage with clients.

ARP also looked into research that would affect policy to get better services, funding and Government policies. ARP wanted to learn from *and* influence others. In light of this Tim remarked that services grow and develop, so coordination is a long way off!

To conclude his speech Tim described the growth in services that have enabled ARP to reach out further to different groups. One such example was that fifteen years after its start, women's services were brought in. Once more people became aware of the issues, more services became available. ARP also found through providing these services that women were very good at helping men in the residential projects, but were not good at helping themselves. It transpired that what women ultimately wanted was a project of their own. This engagement with clients had summarised all of Tim's speech and focused on what ARP try to do best – involve people.

A question from the floor reflected this – 'Why is the voluntary sector not learning with regards to user involvement?' Tim responded by suggesting

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that involving and engaging clients is a big step, and possibly a difficult one. However, ARP will include three clients on their Board of Trustees from next year. This will be something that hopefully, the field can learn from to develop good practice.

Next to talk was John Thompson, Acting Chief Executive. John wanted to start his speech by paying a tribute to Sue Millman for her leadership for the past six years, John added by saying that ARP wouldn't be as well placed as they are without her. He followed this by saying that what ARP does need to be looked at in context. From 1997–2002 they have been through many changes as an organisation, still always remaining focused on its mission. ARP offers a wide and diverse range of services, and that ARP is a significant voluntary sector organisation, however thin the resources are spread!!

Issues that are positively affecting ARP are that 35% of clients are from BME backgrounds, and a reflection of this within the organisation is that staff represent 39% from a BME background, and ARP are still committed to training and development of staff. On a despondent note, there has been a massive investment in the drugs field which has somewhat blighted alcohol services.

John completed his speech by listing the key challenges that lie ahead. The introduction of Supporting People and its implications, the expectation of an alcohol strategy in 2004, and the changes within the NHS and the hope that PCT's will remain aware of the importance of organisations like ARP, and continue to provide funding. Lastly by recognising the valuable work of ARP that could not happen without the dedication of the staff teams, John wanted the opportunity to say a big thank you for their dedication and commitment.

The next speaker to take the stand was John Sutherland, a Guardian columnist to discuss alcohol services and drinking in the work place. John felt that there was very much a culture of keeping drinking a secret, rather than being open and honest in relation to workplace drinking. This, he felt was nowhere more evident than in academic institutions, where there are no policies on drug and alcohol use. John also feels that there is a very large problem within academia in relation to drinking, and in light of this students are now less afraid of becoming more vocal to raising complaints, as many more students are now paying for university.

In comparison John feels that the United States offers a contrasting perspective. Having spent much time over there, John feels that they do have effective policies, which the United Kingdom could learn from. It is common practice in the U.S. to have a statement circulated that states it is a disciplinary offence to be drinking/drunken in the work place. As a follow on to this, if someone is having a problem, it does not necessarily equate to punishment. What it does mean is early interventions can be identified. John explained that he felt that the U.K needs to get more 'hands on' with intervention, and get in early and hard. John also expressed concern for our younger drinkers, whilst outlining reasons for why people are drinking at a

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younger age. John feels that it used to be difficult to get drink outside of pubs, things have changed, there is more money for young people to buy drinks now, wider accessibility, and greater freedom to enjoy it – it's a liberty that the young enjoy! As a result there could be a terrible casualty in 20-30 years time. Consequently, the U.K does need to be far more pro-active, and move away from its hands-off policy. John felt that society owes it to programmes like ARP, without which many more people would become casualties.

Two service users then took to the stand to describe how engaging with ARP had affected their lives. First of all Danny Broomfield read a poem that he felt encompassed his self awareness journey, and secondly Jimmy Carson talked about the services of ARP.

Jimmy first accessed the Shop Front service in Kings Cross, and after a while felt he could trust the staff. His self esteem and confidence came back. Jimmy then remained dry for 3 years, which led to him volunteering. Jimmy then realised that changes were afoot, but not for the better. He ranted about his concerns to ARP, and felt that they weren't interested in user involvement. After joining the Steering Group he felt things came together, and he realised it was better than just shouting!! He feels that ARP has moved away from the structure of Management, Staff, Clients to Clients, Staff, Management, and that they are truly committed to user involvement. As a follow on to this we were shown a screening of a video that ARP made with service users, which focused on their views, showed statistics of the various client groups and showed staff describing services.

To conclude the afternoon's event, Sue Millman, Chief Executive, who is leaving to go on maternity leave wanted to thank everyone for the huge success of the day. Sue wanted to recognise that it isn't managers who provide the services; it is the staff and clients. She added that a sense of community continued to operate on rock solid territory, and again, that staff and clients alike provided that community: a community that is ARP.

For more information contact the NDN team at Alcohol Concern on 020 7928 7377 or email ndn@alcoholconcern.org.uk

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Drug and Alcohol Workplace Service update

The Drug and Alcohol Workplace Service is a joint initiative by Alcohol Concern and DrugScope which offers training and consultancy to employers address the effects of problem drinking and drug use in the workplace

Services developing links with employers

One of the aims of the Drug and Alcohol Workplace Service is to support local alcohol and drug or health promotion agencies throughout the country to develop their workplace services and their links with local employers. Whilst we hold many events for employers, the Working with Employers seminar held at Alcohol Concern and DrugScope's base in London on 7th March was specifically for agencies.

The event attracted services from as far apart as Dundee, Cornwall and the Isle of Man. Including contributions from substance misuse services (KCA, Norcas and APAS) who have developed workplace services for employers, the event provided a forum for the exchange of skills and good practice. As with a similar workshop held in Nottingham in November, this event was over-subscribed - another workshop is being planned for later in the year.

There were a series of seminars for employers held nationwide during autumn 2001. These included contributions from local employers on their experiences of dealing with problems in the workplace and legal professionals who outlined the responsibilities of employers. The events were organised in partnership with local alcohol and drugs services – thanks go to CADAS (Cumbria), NORCAS (Norfolk and Suffolk), the Retreat (York), Sheffield Alcohol Advisory Service, the Rockingham Project (Sheffield) and York Alcohol Advisory Service.

As always, we would be interested to hear from alcohol and drug services that are developing workplace services for employers in their region.

For more information, contact Derek Mason, Workplace Development Officer on 020 7928 7377, email workplace@alcoholconcern.org.uk or visit the Workplace section of the Alcohol Concern website.

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**Turning Point/Pavilion Conference: Alcohol – The Poor
Relation of Drug Misuse Services?
Session One – Setting the Scene (7th March 2002)**

Sheryl Hobbs, Project Officer, NDN, reports back on some of the presentations from this one-day conference

This one-day conference examined the consequences of, and issues surrounding, neglecting alcohol misuse and the ideas behind bringing it back within the substance misuse sector.

Victor Adebowale, Chief Executive of Turning Point opened the conference by stating that there is little doubt that alcohol services are the poor relation of other substance misuse services and commented that we hear too little about the risks of drink.

He went on to say that a National Alcohol Strategy is needed now, not in 2004 and resources need to be made available to ensure that the aims of strategy can be met fully.

Victor also made clear that, although the voluntary sector is taking a lead in improving access to treatment services, there remains a pressing need to address the problem of variable patterns of treatment across the country if lives, and money, are to be saved.

Victor then introduced Dr Doug Cameron, a Senior Lecturer in Substance Misuse from the University of Leicester who detailed the findings of several studies on drinking patterns.

Dr Cameron stated that 96% of adults in Britain drink alcohol with the majority of their drinking experiences being benign, so concentrating on the negative effects of drinking when trying to establish why people drink is misleading.

We should instead examine what Dr Cameron identified as the three key features of people's drinking experiences – Dose, Purpose and Setting. Dr Cameron demonstrated, with the aid of several visual illustrations, that it is a balance of these three components that ultimately determines whether a drinking session is a positive or negative experience.

The drinking Dose - the amount of alcohol drunk – is, Dr Cameron believes, the easiest to get right. We have access to a variety of glasses and drink measuring devices. Yet, often the Dose is out of balance with the Purpose and Setting of people's drinking experiences.

For example, the Purpose (drink doing what we want it to do) of someone's drinking may be to relax after work and the Setting in which they choose to do this is a quiet wine bar or at home with the family. However, the amount of

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alcohol they consume (the Dose) is actually enough to make them very drunk. The Dose is therefore out of balance with the Purpose and the Setting.

However, Dr Cameron suggested that imbalances of this kind are not necessarily regarded as being indicative of a person having a drink problem as they may be one off drinking experiences that do not really reflect the importance an individual attaches to drinking.

However, if the individual is perceived to see alcohol as central to their social experiences and their drinking experiences are characterised by imbalances between Dose, Setting and Purpose, they may begin to be regarded by society as having an alcohol problem.

Dr Cameron therefore concluded by saying that problem drinkers are really those we as a society deem to be drinking inappropriately.

Professor Christine Godfrey from the Centre for Health Economics at York University was then introduced and presented a clear analysis of the economic impacts of alcohol that drew on ongoing research being undertaken in the UK.

Professor Godfrey first outlined 'who counts' when analysing the economics of alcohol. She saw the 'interested parties' as individual drinkers, their families, the rest of society, employers, the Government and the drinks industry, many of whom recognise that there are health, revenue and trade benefits associated with low risk drinking. Consumption of our 'favourite drug' results in expenditure of over £30 billion per year which amounts to 6% of all consumer expenditure and is equal to £1033 being spent on alcohol every second.

This level of consumption clearly has implications in terms of jobs and revenue and Professor Godfrey stated that alcohol is now a global industry with most of its jobs concentrated in the distribution and sale sectors. Although this industry has clout, Professor Godfrey indicated that if alcohol consumption could be reduced it is likely that we would spend our money elsewhere in industries that would continue to use the distribution and sale sectors.

Professor Godfrey then went on to state that the social costs to individuals of excessive alcohol consumption far exceed the levels of money spent on alcohol. Individuals with alcohol problems are more likely to die prematurely and have a lower quality of life. Their families suffer from physical, mental and financial problems.

In terms of costs to society as a whole, Professor Godfrey indicated that alcohol costs (e.g. time lost at work due to alcohol related absenteeism, the victim costs of drink driving and alcohol related violence and costs borne by the NHS, criminal justice and social care systems) is estimated to be around 2.5% of GNP. This is greater than the amount spent on the NHS.

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Professor Godfrey then considered whether some of these costs can be reduced. She said that there was considerable US evidence to suggest that there is potential to reduce future health care costs by means of Brief Interventions for moderate to heavy drinkers and specialist care for dependent drinkers. Research in the UK indicates that should the same approach be taken here there is potential for reducing costs and making big gains in public health.

Professor Godfrey ended her presentation by urging the field to consider how best we can get this evidence-based message across to the public and politicians.

Professor John Strang, Director of the National Addiction Centre in London then sought to examine how variation in perceptions of the nature of alcohol abuse dictate how individuals with alcohol problems, and the effects of alcohol abuse on society, are responded to by government.

He suggested that the perception of alcohol and other drug abuse as an individual and societal health concern has been overtaken by an interest in the criminality that results from such abuse. Consequently, because alcohol abuse is not regarded as resulting in the same levels of criminal activity as drug abuse, funding for alcohol treatment and an interest in education and prevention has not been forthcoming in recent years.

For more information contact Sheryl Hobbs or the NDN team at Alcohol Concern on 020 7928 7377 or email shobbs@alcoholconcern.org.uk

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**Criminology in the New Millennium Conference
Race, Gender and Violence in the Home (Friday 8 March 2002)
Mayfair Conference Centre, Marble Arch London W1**

Ted Fawcett, Project Officer (Regional Development) in the NDN Team reports back from the Criminology in the New Millennium Conference

I attended this Conference to learn more about the impact of alcohol on violence within black and ethnic minority communities (BME's) and to learn more about issues within this sector in order to aid my work on the NDN BME National Forum.

Hannana Siddiqui has been working with Southall Black Sisters (SBS) for the past 15 years as a Coordinator. Her work has been based around women and domestic violence within the context of immigration and forced marriages, suicide, self harm, honour crimes, dowry related violence, women within the criminal justice system and including women who kill violent men. Much of her time is taken up with casework, policy and campaign work.

Hannana stated that migrant women do not have the same rights as UK women to protection from violence. The Government views good relations with the BME communities as one of its priorities and a clear vote winner. She said that the Government always talks to the black male leaders of these communities and such men are not interested in domestic violence as it is the men who are responsible for the violence and tackling this issue would affect men's role within the family. Hannana said that BME women were therefore denied rights due to the Government's desire to protect the culture and traditions of BME communities, which hide and cover up domestic violence.

She stated that multiculturalism does not recognise the needs of BME women suffering domestic violence and that there is no funding to help them. Also, higher standards of proof are required for such women suffering violence compared to white women in the same position. Access to services that might support BME women in this situation is very poor.

Hannana, and the Conference as a whole, did not see alcohol as a significant factor in male domestic violence towards women but viewed it more as an excuse to let men off the hook. The main reason for violence was seen as men's desire to dominate and suppress women.

For more information contact Ted Fawcett or the NDN team at Alcohol Concern on 020 7928 7377 or email tfawcett@alcoholconcern.org.uk

FEEDBACK

Alcohol and Health Research Centre, 52nd Alcohol Problems Research Symposium

Hollie Venn, Project Officer (Agency Support) and Ted Fawcett, Project Officer (Regional Development), NDN Team, report back from 52nd Alcohol Problems Research Symposium held at Macdonald Riverside Hotel, Kendal, Cumbria on the 20th and 21st March 2002.

Ms Sarah Galvani, lecturer at the School of Social Science, Department of Social Policy and Social Work, University of Birmingham spoke on “The role of alcohol in male violence against women“.

Sarah was keen to clarify the facts from the myths surrounding alcohol’s role in relation to violence against women. Her research had shown that people tended to say what they really think and felt whilst under the influence of alcohol, that it had a liberating and revealing quality. It was felt by women that some men could cope with alcohol and others can’t and men’s response to alcohol can depend on their personality, mood, self-image and their environment. Men were worse at home with alcohol where outside social norms don’t apply. Women also felt that men used violence to control women. She found that the majority of women experienced violence without the impact of alcohol as well as with it. Men’s verbal abuse with alcohol was bad. She found that women did not accept alcohol as an excuse for violent behaviour. Women did not always blame alcohol for violence and stressed that stopping men drinking does not necessarily stop the violence.

Richard Velleman, Lecturer at the School of Social Science, The University of Bath spoke on “ Helping families of people with substance misuse problems: a brief intervention”.

There are very few services specifically for families with substance misuse problems. Services are geared for individuals. Brief interventions within primary care have proved very effective covering such areas as listening, provision of information, and ways of coping, support systems and options for help. Richard said that it was good to work with the family as a whole in supporting people with alcohol problems. Alcohol had a major impact on family health, finances and general well being. It also had a major impact on work. Both Richard and Sara Galvani said that women had experienced “Jekyll and Hyde“ personalities as a feature of men abusing alcohol: this was known as the Jekyll and Hyde syndrome.

Richard related a very enthusiastic response from health visitors to his work/research within GP practices. However, he did experience difficulties in getting practice staff to identify problem drinkers and in many cases they were not being picked up. His response was to produce a self-help manual to aid practice staff to locate these people, which has helped. Richard’s findings show that alcohol problems are universal and are the same across different nations, peoples and cultures.

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Tony Clamp, Lecturer in Applied Social Studies at the University of Bath spoke on “Women’s changing beverage choices”.

Changes in beverage drinking habits were lead by professional groups and everyone else followed. During recent years men’s drinking habits had remained the same but women drinkers had moved towards wine and beer and away from spirits. At present women were not interested in strong drinks. Women were drinking more but this was in low alcohol content beverages. The reason for women drinking more was felt to be due to them having more disposable income and because there is not such a stigma attached to women drinking today.

More research is being undertaken in order to find more information and hard facts about men and women’s drinking patterns.

The Conference felt the piecemeal approach to funding alcohol research within the UK was disappointing. There was little long-term continuity within UK alcohol research, which is characterised by the funding of short-lived projects.

For more information contact Ted Fawcett, Hollie Venn or the NDN team at Alcohol Concern on 020 7928 7377 or email tfawcett@alcoholconcern.org.uk or hvenn@alcoholconcern.org.uk

PRACTICE

Exciting NEWS from Broadreach House

Rick Weeks, Business Development Manager at Broadreach House, Plymouth, reports back on their new ways of working

Broadreach House has recently introduced some major changes in its residential treatment for people dependent on alcohol/drugs, and can **no longer** be described as delivering a Modified Minnesota Model in any of its three centres. In accordance with our policy of developing evidence-based practice, an entirely new approach has been designed which is ultimately more flexible, respectful, empowering and efficacious for individuals who engage in it.

Whilst none of the interventions is new in itself, the employment of such a diverse range and combination in one single establishment is probably unique in the UK. Drawing on the strengths of Motivational Interviewing and Cognitive Behavioural Therapy, a different kind of relationship with clients evolves from that which develops within the traditional 12-step model, commonly believed to be the “one size fits all” solution to addiction.

For treatment to work well as an “educative” process it needs to be culturally relevant, and most importantly it is dependent on the quality and equity of relationship developed between client and counsellor. The therapeutic relationship in a structured treatment setting is no doubt important for effective change, but in order to maximize symptomatic benefit, an organized, strategic and focused approach is crucial.

To this end, and to address the problem of premature departure from treatment, a two week Newcomers Programme aims to enable clients to explore their lifestyle, their attitude to change, to become more self-aware and to set some goals, based on an eight session Motivational Enhancement programme. At the same time a series of workshops focuses on issues such as Managing Withdrawals, Coping with Stress/Anxiety, Getting the Most out of Groups, Dealing with Cravings, Boundaries and Assertiveness. Detailed assessment of severity of addiction and of individual treatment needs also takes place during this period.

The next 4 week period continues to focus on supporting clients in recognizing and dealing with the impact that drugs and alcohol have had on their lives, with a mixture of group therapy, workshops and individual counselling.

We do not label people, we maximize potential for personal choice and control, and we do not assume clients are a homogenous group. The central tenet of our approach is the emphasis on the impetus for change being drawn from the clients’ own intrinsic motives and goals. The therapeutic relationship has a partnership character and is both client-centred and quietly directive, through reflection and selective reinforcement. Confrontation and persuasion

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are avoided in the spirit of self-efficacy and personal choice. Comprehensive needs assessments and individually tailored treatment plans ensure that the best possible opportunity for addressing severe dependence on drugs/alcohol is provided.

Aftercare and Resettlement services to support clients in re-integrating into the community are also available, as are other non-residential motivational interventions and training courses.

Referrals can be accepted from Health or Social Service professionals anywhere in the UK, as well as self-referral. Full details of all our services are available on our website or by contacting us at the number below.

Further information from:

Rick Weeks, Business Development Manager, Broadreach House

Tel: 01752 790000/Fax : 01752 785750

Web: www.broadreach-house.org.uk

Email: busdev@broadreach-house.org.uk

PRACTICE

Possible Training Opportunities from the Naomi Unit

Glenda Standing, Clinical Nurse Manager from The Retreat Hospital, York provides us with an update on the Naomi Unit

Managing a very busy unit that treats a diverse group of clients' calls for a broad range of skills and approaches.

We treat clients experiencing a range of acute mental health problems and needs as well as offering a service to clients with addictions.

Having a large multi-disciplinary team means we can take a much more holistic approach to someone's needs. Currently we are about to undertake some research into the part the environment plays in our clients' recovery.

The Retreat is set in splendid grounds and has a warm; very calm and welcoming feel to it.

Recently I attended a meeting led by York Mind exploring issues around dual diagnosis and homelessness. This is very much a growing problem and raises many issues especially training. Listening to some housing workers who at times feel ill prepared to deal with some clients I feel as an organisation which likes to give something back to our local community, we may be able to offer some training or support. We intend to form a working party to take this forward.

*For more information contact Glenda Standing, Clinical Nurse Manager, The Retreat Hospital, 107 Heslington Road, York YO1 5BN
Tel: 01904 412 551/Fax: 01904 430828*

PRACTICE

Evaluation and Change at Stonham Housing Association, Ken Wilde House

Chris Smith describes the factors contributing to Stonham Housing Associations successful work with residents in Nottingham

Stonham Housing Association at Ken Wilde House works with 18+ year-old drug and alcohol users in the center of Nottingham. The structure of the medium support drug and alcohol project is of a morning meeting followed by afternoon groups. Group work and key work interventions are utilized, within the framework of Sociological theory. Individuals are also encouraged to engage in local agencies.

The Ken Wilde House provides a clean and dry environment with drug and alcohol testing on the premises. It is ideal for committed persons wanting a period of abstinence and who are motivated to creating a new lifestyle.

The project has undergone extensive evaluation, the resulting learning leading to change and increased success of the project. Tools such as weekly monitoring forms, periodic arrival, review, departure and 6 month forms were used, as well as consultation with residents being fed back into staff meetings. A Best Value review and a national questionnaire provided learning for the project, as did funder monitoring and financial assessment such as voids monitoring.

Chris's message for learning is to be careful about what residents are given choice over and what information is given to them. Chris provides a prime example whereby discussions regarding viability issues led residents to directly assume closure was inevitable.

*For more information contact Chris Smith at Stonham Housing Association, Ken Wilde House, 28 Addison Street, Arboretum, Nottingham NG1 4GY
Tel: 0115 9419479 / Fax: 0115 912 0274
Email: Chris@kenwildehouse.fsbusiness.co.uk*

PRACTICE

Aquarius in arrest referral scheme partnership

An alcohol arrest referral scheme has been set up in Dudley, with counselling being offered to offenders by Aquarius. The two-year, £100,000 project aims to reduce alcohol related re-offending and other alcohol related harm in Dudley.

The inspiration for the scheme came from an article in Alcohol Concern's Magazine (Spring 2000, Vol. 15 No.1), which highlighted the work of an alcohol arrest referral scheme in Gloucester. Tony Glew, Project Manager at Aquarius in Brierly Hill, is also a member of the local substance misuse task group in Dudley, which is made up of a partnership including representatives from the local authority, police, health and social services. It was Tony who brought the article to the attention of the task group, who approved of the idea, especially as a similar scheme for drugs was already running in the area.

After some research the task group put a successful bid forward to the Cabinet Office and managed to obtain £100,000 over two years from the Invest and Save Project.

The scheme works by offenders being referred to Aquarius by custody sergeants. Offenders are offered two one-hour sessions over two weeks. The first session provides alcohol education; the second session involves producing an alcohol action plan. This information is then faxed to the magistrate hearing the offender's case, who will then delay the offenders' court appearance for two weeks to allow time for the sessions to take place. After the two sessions the magistrate will be given a copy of the alcohol action plan produced by the offender, which may be taken into account when sentencing is passed.

When asked who will benefit from the scheme Tony said: "Offenders and the community as a whole will benefit. By helping offenders with their alcohol problem the amount of re-offending should be reduced. By helping offenders address their drinking behaviour hopefully other areas of alcohol-related harm can also be reduced.

"The scheme should mean a reduction in alcohol-related crime, which should make the city centre a safer place for the community. More time would also be freed up for police to tackle other forms of crime. This whole scheme is very much a partnership to improve community safety for everyone."

Even though the scheme has only been running since September 2001, the task group believes there are already signs that the scheme is a success. Tony adds: "The fact that the scheme gives offenders time to reflect on their use of alcohol is a positive thing – many aren't even aware of their problems, and wouldn't have thought of approaching an alcohol service." But it's still early days for the scheme, and one issue that has already been noted is the

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number of offenders under-18 who are being referred to the scheme, even though it was set up to only work with those over-18.

For more information contact Tony Glew, Project Manager at Aquarius, Dudley Community Alcohol Team, 1st Floor Molyneux Chambers, 129-137 High Street, Brierly Hill, Dudley DY5 3AU, Tel: 01384 261267

PRACTICE

The Community Care Awards 2001 winners

An award in the Child Protection category of the Community Care Awards was given to Option 2, a joint initiative of the Community Alcohol Team and Children's Services in the City and County of Cardiff. Option 2 provided some background on the Option 2 Intervention.

Our Guiding Principles:

- **We can't tell it if is hopeless** – we do not know which families we can be successful with until we try. If WE feel hopeless, we can't help the client and we can't instil hope in the client.
- **It is our job to motivate clients and instil hope** by building on existing, possibly hidden strengths.
- **Clients are our partners.** We share resources and accept them as experts on their own situation.
- **Sometimes workers can make life worse for families** – by providing inappropriate services, or services people are not ready for. By ignoring existing strengths and expertise. By feeling that there is no hope. By ignoring the values specific to this family.
- **We must guard against our tendency to remake families and clients into our own image of a family or parent.**
- **On the whole, people are doing the best they can with what they know.** We can change behaviour without understanding the why of the behaviour – by providing extra resources, skills and tools. Cognitive Behavioural approach.
- **It is our basic job to empower clients** – we work 'with', not 'to'.
- **We can help the whole family to make changes even if the whole family does not work with us.** Systems approach.
- **The whole family is our client.**
- **We must pause and plan** – observe and learn, hypothesise, test and reformulate.
- **Our role is to help families to provide a safe and secure home for the children.**

These principles are fundamental to the way we work and what we believe about our working relationship with families.

Our Clients:

At this time, our clients all have problems with drink or drugs. However, this is an intervention that is appropriate for all families in crisis whether they have substance misuse problems or not. We work exclusively with this client base as a function of our particular funding arrangements.

Such a crisis affects the whole family and so the whole family is our client. We may work with the whole family or parts of it believing that change within one area can impact on the whole system.

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The Therapeutic Relationship

The client's agenda is everything. People truly are the experts on their own situation and the therapist's skill comes in listening. Creating a shared therapeutic experience. A rapport. Creating the conditions for change, building confidence and hope. Sometimes the simple act of mending a bicycle, a broken door lock, or helping to choose the wallpaper can make the difference. Some practical show of caring about the client and their family which relieves pressure and models appropriate responses to stressful situations.

The way we relate to people influences the way they feel about themselves. If people are treated as worthless they come to feel worthless. If treated as worthy, people come to feel worthy. If people feel they have worth, then they have something worth looking after. Moods and feelings are contagious.

The Option 2 Process

The Option 2 model is whole and complete in itself. It has been intensively researched and developed over 15 years in the USA and that research and development continues in Wales. It is important for the success of the intervention that each of its core elements are adhered to; the sense of crisis, the brevity of the intervention, the relationship between therapist and client, the skilled workers, the tools and the structure. Each element locks into place.

A crisis state is self-limiting; within four to six weeks it reaches some kind of resolution and burns out leaving people either with new behaviours or reverting to old ones. Often there will be a chain of crises when new behaviours are not appropriate or when behaviours have not changed. A feeling of crisis and a willingness to change is vital to the success of this intervention. In a crisis, people are ready to change. So our intervention is brief and focused on using that state to achieve positive and appropriate change.

Our goal is to help families to learn new skills that will enable children to remain in the family home in safety, to move the children and their needs into the centre of the world. The power for change resides in the family and we help people to access that power. We use Motivational Interviewing techniques to identify and build on the strengths in the family and beliefs about family life. We help the family to define and set an achievable number of clear realistic and personal goals. Using a variety of tools we work towards those goals step by step, helping families to learn and establish new behaviours during that crisis state.

Trouble has no timetable and Option 2 therapists are on call to families 24 hours a day, seven days a week. We work intensively with families and provide as regular and as long a session as is needed, 15 hours a week is not unusual. Obviously each therapist can only work with a small number of

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families at a time so that all their time and efforts can be focussed. This is really a years worth of therapy condensed into four weeks.

We work together in the family's natural environment, the home, the family and the community. We do this at times that are appropriate to the families needs. We work together for four weeks. In certain circumstances we will extend this for up to two more weeks. Closure is built in to the intervention from the start. We will also offer up to two brief 'booster' sessions and make follow up contact at one, three, six and twelve months.

We don't expect our intervention to work for every family, but we can never tell which families it will work with until we try. Families themselves report that our intervention has been of great benefit. We follow the progress of families for a year after our intervention. We collate information on their progress every six months and produce a comprehensive annual report each year. The results of our intervention have been very encouraging with the vast majority of our clients reaching their goals, creating positive and sustained change in their behaviour with the result that their children remain at home with them.

The Option 2 Intervention has a very clear process. Not all of the elements may be used and may sometimes be used in different orders. The client family and their needs drive the process forward.

*For more information on the elements of the Option 2 Intervention process, open days in Cardiff or their half-day consultancy to management groups' service (giving you the opportunity to explore whether this model is suitable for you) contact: Mark Hamer, Option 2 therapist, Trowbridge Centre, Greenway Road, Trowbridge, Cardiff CF3 1QS
Tel: 029 20 774 606, fax: 02920 791 791, email: mhamer@cardiff.gov.uk*

COURSES

APRIL 2002:

National Training Forum: Communities that Care

Date: 15th & 16th April 2002
Venue: Nottingham University
Cost: £100 incl accommodation and meals
Info: Of interest to anyone thinking of starting a Communities that Care programme or interested in using some of the tools and techniques within other community regeneration programmes.
Contact: Forum bookings, Communities that Care – Wales, 10th Floor, Alexandra House, Swansea SA1 5ED. Tel: 01792 476 076

Supervision Skills

Date: 15/16th April 2002
Venue: London
Cost: £280 - £500 plus VAT
Info: Aimed at managers who are responsible for staff. This course will help you to understand your role as a supervisor and apply a range of skills used in supervision.
Contact: CSC, Unit 301, 16 Baldwins Gardens, London, EC1N 7RJ; tel:02072427733; fax:020 72427755

Appraisal Systems

Date: 17th April 2002
Venue: London
Cost: £110-140 + VAT
Info: This course is for anyone who is operating an appraisal system or is considering doing so.
Contact: CSC Unit 301, 16 Baldwins Gardens, London EC1N 7RJ; tel 020 72427733; fax 020 72427755

Finance for Non-Finance Managers

Date: 23rd April 2002
Venue: London
Cost: £85 incl refreshments and lunch
Info: This course will introduce non-finance professionals to basic financial concepts and how they are applied to finance management.
Contact: Levelheaded, Unit A, Great Eastern Enterprise Centre, 3 Millharbour, London E14 9XP; tel 020 7538 9387; fax 020 7987 2853; email: enquiries@levelheaded.org.uk

COURSES

Support & Supervision

Date: 26th April or 2nd October 2002
Venue: London
Cost: £85
Info: To enable participants to establish and conduct more effective formal support and supervision sessions. The course is aimed at those with little or no experience in this area.
Contact: Levelheaded, Unit A, Great Eastern Enterprise Centre, 3 Millharbour, London E14 9XP; tel 020 7538 9387; fax 020 7987 2853; email: enquiries@levelheaded.org.uk

Getting Ready for User Involvement in Voluntary Organisations

Date: 30th April 2002
Venue: London
Cost: £130-£145 incl refreshments and lunch
Info: This course will help you to initiate active involvement of service users and choose and implement methods for reviewing and planning user involvement.
Contact: Paul Robson, Centre for Institutional Studies, University of East London, Docklands campus; tel 020 8223 4263; email: p.robson@uel.ac.uk

Volunteers & the Law: Safety & Security

Date: 30th April
Venue: Camden Volunteer Bureau, Kentish Town
Cost: £20 (members) £40 (non-members)
Info: A one-day course looking at risk assessment and risk management in relation to volunteers, clients and the organization. It will not only look at areas such as health and safety and criminal record checks, but also at risks arising from volunteers with access to money, valuable equipment or clients' property.
Contact: Lee Shepherd on 020 7424 9990 or email lee@camdenvb.org.uk

COURSES

MAY 2002:

Basic Alcohol & Drug Awareness

Date: 14th May 2002
Venue: Plymouth
Cost: £40 does not incl lunch
Info: This course will give those new to the field a basic understanding of the issues around substances currently in use.
Contact: Siobhan Breslin, The Harbour Centre, 9-10 Ermington Terrace, Mutley, Plymouth, Devon PL4 6QG; tel 01752 267431; fax 01752 825958

Volunteers & the Law: Payments and Perks

Date: 14th May 2002
Venue: Camden Volunteer Bureau, Kentish Town
Cost: £20 (members) £40 (non-members)
Info: Reimbursing your volunteer expenses both legally and effectively, making the distinction between volunteer and employee and the law explained in relation to your volunteers and the benefit system.
Contact: Lee Shepherd on 020 7424 9990 or email lee@camdenvb.org.uk

Implementing User-Centred User Involvement in Voluntary Organisations

Date: 14th & 15th May 2002
Venue: London
Cost: £210-£225 incl refreshments and lunch
Info: This course will help you to actively involve service users to identify user centred methods and integrate user involvement into their organisation's strategy and activities.
Contact: Paul Robson, Centre of Institutional Studies, University of East London, Docklands campus; tel 020 8223 4263; email: p.robson@uel.ac.uk

Integrating User Involvement

Date: 15th May 2002
Venue: London
Cost: £85 - 135
Info: This course aims to identify the opportunities for greater user participation & what can be done to overcome potential barriers.
Contact: Directory of Social Change, 24 Stephenson Way, London, NW1 2DP; tel:020 72094949; fax:020 72094103; email training@dsc.org.uk

COURSES

Motivational Interviewing

Date: 16th or 17th May 2002
Venue: London
Cost: £89-£99
Info: The aim of the course is to equip participants with a basic knowledge of the principles and practice skills of motivational interviewing.
Contact: Mainliners, 38-40 Kennington Park Road, London SE11 4RS; tel 020 7582 3338; fax 020 7582 6999; email: linersmain@aol.com

Managing Change

Date: 17th May 2002
Venue: London
Cost: £85 including refreshments & lunch
Info: This course aims to enable participants to maximise the opportunities arising from changes to our working world and is suitable for those who already have some knowledge of the topic.
Contact: Levelheaded, Unit A, Great Eastern Enterprise Centre, 3 Millharbour, London, E14 9XP; 'phone 020 75389387; fax 020 79872853; email enquiries@levelheaded.org.uk

Volunteers for All

Date: 20th May 2002
Venue: Camden Volunteer Bureau, Kentish Town
Cost: £20 (members) £40 (non-members)
Info: Examining how to include volunteers from all sections of the community, how to target individuals who may otherwise be excluded from volunteering, and ways of making your organization more accessible and welcoming for potential volunteers.
Contact: Lee Shepherd on 020 7424 9990 or email lee@camdenvb.org.uk

Leadership

Date: 20th & 21st May & 26th June 2002
Venue: Hampstead Town Hall Centre
Cost: £200-£300 depending on size of organisation
Info: The course will equip participants with the skills and knowledge for effective and respected leadership and looks at areas such as identifying your leadership style and understanding staff behaviour, and your role in developing and directing effective strategy and leading an organization through change.
Contact: Interchange Studios, Hampstead Town Hall Centre, 213 Haverstock Hill, London NW3 4QP, tel 020 7692 5800, fax 020 7692 5801, web: www.interchange.org.uk

COURSES

Supporting Children of Alcohol Misusing Parents

Date: 23rd & 24th May 2002
Venue: Manchester
Cost: £10
Contact: Madge Strong, Training Co-ordinator, Manchester Health Promotion Specialist Service, tel:0161 203 4101

Project Management Essentials

Date: 30th & 31st May 2002
Venue: Hampstead Town Hall Centre
Cost: £140-£200 depending on size of organisation
Info: An introduction to some of the concepts of Project Management as used in private, public and voluntary sectors. The emphasis is on practical skills and applications relating to managing projects in under-resourced organisations.
Contact: Interchange Studios, Hampstead Town Hall Centre, 213 Haverstock Hill, London NW3 4QP, tel 020 7692 5800, fax 020 7692 5801, web: www.interchange.org.uk

JUNE 2002:

A Solution Focused Approach for Alcohol & Drug Workers in Residential & Day Patient Settings

Date: 13th June 2002
Venue: National Institute of Social Work, London
Cost: £90+VAT
Info: The training equips workers to use language that offers clients the opportunity to look at and talk about the future rather than only focus on the pathology of the problem. The approach is creative, empowering and helps clients to achieve change in small, self-identified steps to break negative patterns.
Contact: Eileen Murphy Consultants on 020 8542 9310 or email: eileen.murphy1@virgin.net or visit www.eileen-murphy-consultants.com or www.brief-therapy-uk.com

COURSES

Facilitating Group Work

Date: 13th & 14th June 2002
Venue: London
Cost: £165
Info: This training is designed for those working with groups as part of their therapeutic programme.
Contact: Mainliners, 38-40 Kennington Park Road, London SE11 4RS; tel 020 7582 3338; fax 020 7582 6999; email: linersmain@aol.com

SEPTEMBER 2002:

Developing Effective Relations with Statutory Authorities

Date: 11th September 2002
Venue: London
Cost: £85-£135
Info: This course aims to make sense of the considerable changes in relations between voluntary organizations and central and local government, health authorities and quangos. It looks at how voluntary organizations can develop effective relations in light of these.
Contact: Directory of Social Change, 24 Stephenson Way, London NW1 2DP; tel 020 7209 4949; fax 020 7209 4103; email: training@dsc.org.uk

Alcohol & Drugs: an Introductory Course

Date: 19th & 20th September 2002
Venue: Leeds
Cost: £140
Info: The aim is to provide staff in both generic and specialist settings with an introduction to alcohol and commonly misused drugs, their properties, effects and the range of harm. To provide a framework for understanding addictive behaviour and planning initial interventions.
Contact: Christine Weatherill, Training Administrator, Leeds Addiction Unit, 19 Springfield Mount, Leeds LS2 9NG

COURSES

How to Make High Scoring Applications to the Community Fund

Date: 26th September 2002
Venue: Sheffield
Cost: £85-£135
Info: These well established workshops concentrate on how to present projects that will score highly against the specific criteria required for the main NLCB grants programmes.
Contact: Directory of Social Change, 24 Stephenson Way, London NW1 2DP; tel 020 7209 4949; fax 020 7209 4103; email: training@dsc.org.uk

OCTOBER 2002:

Motivational Interviewing

Date: 7th & 8th October and 28th & 29th October 2002
Venue: Leeds
Cost: £280
Info: This course comprises four days training in the theory and practice of Motivational Interviewing Skills. It is aimed at those who require specialist training in the alcohol and drugs field and current experience of working with drugs and alcohol problems is an advantage.
Contact: Christine Weatherill, Training Administrator, Leeds Addiction Unit, 19 Springfield Mount, Leeds LS2 9NG

Developing & Implementing an Appraisal Scheme

Date: by arrangement
Venue: London
Cost: £300
Info: To enable participants to fully appreciate the possible scope of an appraisal scheme and the implications of introducing a system into their organization. The course is aimed at those with little prior knowledge of appraisal systems who wish to either introduce an appraisal system or revise their current system.
Contact: Levelheaded, Unit A, Great Eastern Enterprise Centre, 3 Millharbour, London E14 9XP; tel 020 7538 9387; fax 020 7987 2853; email: enquiries@levelheaded.org.uk

COURSES

Working with Resident Clients

Date: By arrangement
Venue: On site anywhere in the UK
Cost: In consultation with provider
Info: This one-day course will help you to fully recognize and understand all types of resistant behaviour and develop strategies for working with clients' resistant behaviour.
Contact: Clive Edmunds or Alex Gunn at Broadreach House, Closereach, 465 Tavistock Road, Plymouth, Devon; tel 01752 790 000; fax 01752 785 750

Non-assessed Short Courses and Accredited Courses at Leeds Addiction Unit

Date: Available from February 2002
Venue: Leeds
Info: **Non-assessed short courses:**
 Alcohol & Drugs: An Introductory Course
 Motivational Interviewing Skills
 Cognitive Behavioural Coping Skills
Accredited Courses:
 BHSc (Hons) Addiction Studies
 Diploma of Higher Education in Addiction Studies by Distance Learning (120 credits at level 2)
Contact: For a training prospectus or for more information contact Leeds Addiction Unit, 19 Springfield Mount, Leeds LS2 9NG; tel 0113 295 1330; fax 0113 295 1320; email: training@lau.org.uk; website: www.lau.org.uk

Certificate in Community Mental Health Care

Info: The Mental Health Foundation, Pavillion and City & Guilds Affinity have developed a new qualification aimed at staff, volunteers, service users and carers who do not have a professional qualification relating to mental health and are involved in the delivery of mental health services in some way. The certificate is designed to complement, enhance and support the S/NVQ structure and is linked to S/NVQ level 3 and covers most of the mandatory units of Levels 3 and 4 of the S/NVQ in Care, and Level 3 of the S/NVQ in Promoting Independence.
Contact: Pavilion Publishing (Brighton) Ltd, The Ironworks, Cheapside, Brighton, East Sussex BN1 4ZZ; tel 01273 623222; fax 01273 625526; web: www.pavpub.com or www.mentalhealth.org.uk/certificate

CONFERENCES

APRIL 2002:

North East NDN Reference Group Event: Alcohol, Children & Families

Date: 15th April 2002
Venue: Newcastle
Cost: FREE
Info: Speakers: Joan Tipping (Manchester Health Promotion Service) and Caroline Bobby (CASA Alcohol Service, London).
Contact: NDN team at Alcohol Concern 020 7928 7377 or email ndn@alcoholconcern.org.uk or www.alcoholconcern.org.uk

South East NDN Reference Group Event: Women & Alcohol

Date: 15th April
Venue: Brighton
Cost: FREE
Info: Speakers: Rod Hawker (Community Alcohol & Drug Team, Torquay) and Vivienne Saunders (Addiction Prevention Programme, London).
Contact: NDN team at Alcohol Concern 020 7928 7377 or email ndn@alcoholconcern.org.uk or www.alcoholconcern.org.uk

EATA: Quality Treatment: the challenges ahead

Date: 16th April 2002
Venue: The Royal Institute of Public Health and Hygiene, London
Cost: £100 (EATA members), £120 (non members)
Info: This conference takes an evidence-based look at the provision of high quality and effective treatment for people dependent on drugs and alcohol – focusing in particular on the practicalities of programme design and effective plans for implementation.
Contact: EATA, Waterbridge House, 32-36 Loman Street, London SE1 0EE, tel: 020 7922 8753, fax: 020 7928 4644, email: conference@eata.org.uk, web: www.eata.org.uk

CONFERENCES

Preventing Youth Crime in London

Date: 16th April 2002
Venue: New Cannaught Rooms, London
Info: Jointly organized by the Youth Justice Board and the Metropolitan Police, this one-day conference will examine both the youth crime prevention agenda and the tackling of serious and persistent offenders through greater use of intensively supervised community penalties.
Contact: Neil Stewart Associates, PO Box 36472, 4 Pear Tree Court, London EC1R 0ZB, tel 020 7689 8808 or book online at www.neilstewartassociates.com/LI138

North West NDN Reference Group Event: Alcohol, Children & Families

Date: 18th April
Venue: Manchester
Cost: FREE
Info: Speakers: Roger Newton (Liverpool Alcohol Services) and Fran Fitzgerald (Health Visitor, NHS Mersey).
Contact: NDN team at Alcohol Concern 020 7928 7377 or email ndn@alcoholconcern.org.uk or www.alcoholconcern.org.uk

East of England NDN Reference Group Event: Rural Issues & Alcohol

Date: 18th April
Venue: Norwich
Cost: FREE
Info: Speaker: Michael Pocklington (NORCAS, Norfolk) & Penny McVeigh (NORCAS, Norfolk)
Contact: NDN team at Alcohol Concern 020 7928 7377 or email ndn@alcoholconcern.org.uk or www.alcoholconcern.org.uk

Regional NCVO Briefing Sessions

Date: North West: Preston 25th April 2002
 North East: Newcastle 14th May 2002
Venue: Preston or Newcastle
Info: Held in conjunction with the Regional Voluntary Sector Networks, the briefings aim to give participants an opportunity to hear about some of the key issues likely to face the voluntary sector over the coming months/years and think about how they might impact on their own organizations.
Contact: Julia Childerhouse on 020 7520 2446 or Julia.childerhouse@ncvo-vol.org.uk

CONFERENCES

South West NDN Reference Group Event: Rural Issues and Alcohol

Date: 25th April 2002
Venue: Bristol
Cost: FREE
Info: Speaker: John McLeavy (CADA, Cornwall).
Contact: NDN team at Alcohol Concern 020 7928 7377 or email
ndn@alcoholconcern.org.uk or www.alcoholconcern.org.uk

East Midlands NDN Reference Group Event: Homelessness & Alcohol

Date: 25th April 2002
Venue: Nottingham
Cost: FREE
Info: Speakers: Dave Newmarch (Framework Housing Association, Notts) and Caroline Thompson (Framework Housing Association, Notts).
Contact: NDN team at Alcohol Concern 020 7928 7377 or email
ndn@alcoholconcern.org.uk or www.alcoholconcern.org.uk

Public Policy Management Programme – Effectively Delivering Health & Well-Being of Children

Date: 29th April 2002
Venue: Royal Over-Seas League, London SW1
Cost: £290+VAT incl lunch & refreshments
Info: This seminar with key players discusses the practical implementation of programmes on health and well-being of children within a comprehensive national policy.
Contact: By 22nd April 2002, Louise Rushworth, QMW Public Policy Seminars, Burlees House, Hangingroyd Lane, Hebden Bridge, West Yorkshire HX7 7DD. Tel 01422 845 584. Fax 01422 845 880
 Email: louise@qmwseminars.co.uk, website:
www.qmwseminars.co.uk

Modernising Services for Older People

Date: 30th April 2002
Venue: London
Contact: Katy Henson at IBC UK Conferences on 020 7453 2167 or visit
www.healthcare-info.co.uk

CONFERENCES

MAY 2002:

Supporting People: Implementing the New Strategy for Vulnerable People

Date: 1st May 2002
Venue: Central London
Cost: £233.83 (vol sector)
Info: To develop current understanding of the 'supporting people' strategy, to examine implementation issues, to review joint working between agencies in delivering services to vulnerable people and to support those planning, commissioning or providing services to vulnerable people.
Contact: HMC on tel 01423 506611, fax 01423 531166, email: info@hmc.co.uk or web: www.hmc.co.uk
 A conference pack is available, including a set of audiotapes and speaker notes £119 at www.hmc.co.uk

West Midlands NDN Reference Group Event: Homelessness & Alcohol

Date: 2nd May 2002
Venue: Birmingham
Cost: FREE
Info: Speakers: Dave Newmarch (Framework Housing Association, Notts) and Caroline Thompson (Framework Housing Association, Notts).
Contact: NDN team at Alcohol Concern 020 7928 7377 or email ndn@alcoholconcern.org.uk or www.alcoholconcern.org.uk

Yorkshire NDN Reference Group Event: Integration of Alcohol & Drug Services

Date: 2nd May 2002
Venue: York
Cost: FREE
Info: Speakers: John Royle (ADS Bolton).
Contact: NDN team at Alcohol Concern 020 7928 7377 or email ndn@alcoholconcern.org.uk or www.alcoholconcern.org.uk

CONFERENCES

Understanding and Stopping Addictive Behaviour

Date: 2nd May Glasgow, 14th May Southampton, 27th May Dublin, 6th June Bristol, 11th June London, 18th June Birmingham, 20th June Harrogate, 3rd July Manchester, 9th July Cambridge, 18th July London

Cost: £69+VAT

Info: New evidence based information on what works and what doesn't with lead psychologist Joe Griffin.

Contact: Mindfields College, Church farm, Chalvngton, East Sussex BN27 3TD, tel 01323 811440 or web: www.mindfields.org.uk

Tools & Techniques for Health & Social Care

Date: 8th May 2002

Venue: Central London

Cost: £233.83 (vol sector)

Info: To consider how modern health and social care organizations must evolve to deliver the 'step changes' in performance required to meet targets set by Government and the needs of patients.

Contact: HMC on tel 01423 506611, fax 01423 531166, email: info@hmc.co.uk or web: www.hmc.co.uk

A conference pack is available, including a set of audiotapes and speaker notes £119 at www.hmc.co.uk

Counselling Towards Solutions

Date: 10th May 2002, 9.30-4pm

Venue: The London Voluntary Sector Resource Centre

Cost: £110 + VAT (£129.25 incl VAT)

Info: This conference explores the flexibility and appropriateness of solution focused thinking and techniques. There will be plenary presentations plus workshops.

Contact: Brief Therapy Practice, 7-8 Newbury Street, London EC1A 7HU, tel: 020 7600 3366, fax: 020 7600 3388, email: solutions@brieftherapy.org.uk

CONFERENCES

The UK's leading conference and exhibition for primary and community healthcare professionals

Date: 10-11 May 2002

Venue: National Exhibition Centre, Birmingham

Cost: FREE

Info: Find out about the latest clinical and government initiatives, update your skills and meet your professional development requirements, keep in touch with PCH and PCT advancements and see a wealth of new ideas, services and products.

Contact: Sterling Events on 0151 709 8979 or email:

PC2002@sterlingeventmts.co.uk or visit www.sterlingeventsc.co.uk

Alcohol and Primary Health Care

Rescheduled to: 15th May 2002

Date: 15th May 2002

Venue: London

Cost: NCA & Addictions Forum members £105; non members £145

Info: The NCA's annual conference will include debates on 'Sensible drinking report versus Royal Colleges & BMA recommendations' and 'The alcohol industry's role in health education and training'.

Contact: Nursing Council on Alcohol c/o Parkholme, Ashreigney, Chulmleigh, Devon EX18 7LY; tel:01769 520577; fax:01769 520581; email: NCA.UK@btinternet.com

Supporting Rural Voluntary Action

Date: 22nd May 2002

Venue: NCVO, London N1

Info: A national conference focusing specifically on the needs of voluntary organizations working in rural areas, providing workers and policy makers in voluntary and statutory organizations with the opportunity to feed into the development of an Action Plan for supporting successful voluntary action in rural areas. Alun Michael MP, Minister for Rural Affairs, will be giving the keynote speech.

Contact: Holly Yates (Rural Policy Officer) on 020 7520 2559 or email holly.Yates@ncvo-vol.org.uk or web: www.ncvo-vol.org.uk

CONFERENCES

Social Care Study Days and Exhibition

Date: 22-23rd May 2002
Venue: Business Design Centre, London
Cost: **FREE**
Info: We aim to provide an environment that promotes high quality services through discussion and debates, which promote good practice and analyse and explain crucial policy developments.
Contact: Exhibition sales team on 020 8652 4782/4839 or the free ticket hotline on 020 8652 4455/4861 or visit www.community-care.co.uk

Tackling Alcohol-Related Crime and Disorder – Local Partnerships, Strategies and Action

Date: 29th May 2002
Venue: London
Cost: TBC
Info: Neil Stewart Associates in association with Crime Concern, details TBC.
Contact: Neil Stewart Associates, PO Box 36472, 4 Pear Tree Court, London EC1R 0ZB, tel 020 7689 8808, fax 020 7689 8809, email: info@neilstewartassociates.co.uk, web: www.neilstewartassociates.com

UK harm Reduction Alliance: Harm Reduction Progress, Prospects and Practice

Date: 31st May 2002
Venue: Royal Institute of British Architects, London
Cost: £85 (members), £95 (non-members)
Info: Provides an opportunity for advocates of a harm reduction response to examine issues from a genuine public health perspective and make recommendations to policy makers for future best practice.
Contact: Conference coordinator, UKHRA conference, PO Box 36646, London SE1 9ZT, tel 020 7928 9152, email: conferencecoordinator@ukhra.org, website: www.ukhra.org

CONFERENCES

JULY 2002:

Growing up with addiction

Date: 4th & 5th July 2002
Venue: ORT House Conference Centre, London NW1
Cost: £330 + VAT for both days
Info: Pavillion in partnership with Brent, Kensington, Chelsea and Westminster NHS trust.
Contact: Pavilion, The Ironworks, Cheapside, Brighton BN1 4ZZ; Tel: 01273 623222; Fax: 01273 625526; email: info@pavpub.com; or book online at www.pavpub.com

SEPTEMBER 2002:

The UK Charity Awards

Date: 5th September 2002
Venue: Grosvenor House
Info: For full details of the UK Charity Awards call 020 7426 0101, or visit www.charitytimes.com

The Addictions Forum Durham 2002

Date: 23rd-27th September 2002
Venue: Durham Castle
Cost: £390 (members), £450 (non-members)
Info: Designed to foster the exchange of information on current issues of concern and controversy related to alcohol, tobacco, illicit and prescribed drugs and to allied topics.
Contact: Conference secretary, The Addictions Forum, University of the West of England, Glenside Campus, Blackberry Hill, Stapleton, Bristol BS16 1DD, tel 0117 344 8788, fax 0117 344 8421, email: Jan.Green@uwe.co.uk

CONFERENCES

OCTOBER 2002:

The European Drugs Conference 2002 – Drugs and Society Implementing the Changing Agenda

Date: 24th and 25th October 2002
Venue: Ashford International Hotel, Kent
Cost: £435 + VAT (residential), £335 + VAT (residential/members of a drug user group), £345 + VAT (non residential)
Info: Organised by Pavillion, Turning Point, Kent County Council, KCA (UK), the Home Office, University of Amsterdam – The Netherlands and EISS (University of Kent, England).
 Speakers include Bob Ainsworth, Minister of State, Home Office and Donal MackIntyre, Investigative journalist, BBC
Contact: Pavilion, The Ironworks, Cheapside, Brighton BN1 4ZZ;
 Tel: 01273 623222; Fax: 01273 625526; email: info@pavpub.com;
 Or book online at www.pavpub.com

NOVEMBER 2002:

Drinking & Pregnancy: Evidence & Responses

Date: 8th November 2002
Venue: Bristol
Cost: £60 (members); £85 (non-members)
Info: International conference from the Alcohol & Health Research Centre, UWE, Bristol & The Addictions Forum. Speakers include Mr John Brookes, Dr Douglas Cameron, Dr Chris Loock, Ms Jan Lutke, Professor Sir Alexander Macara, Dr Andrew McBride, Dr Moira Plant and Dr Marsha Morgan.
Contact: Jan Green, Conference Secretary, Alcohol & Health Research Centre, University of the West of England, Glenside Campus, Blackberry Hill, Stapleton, Bristol BS16 1DD; tel 0117 344 8788; fax 0117 344 8421; email: Jan.Green@uwe.ac.uk

Alcohol Concern Annual Conference

Date: 5th November 2002
Venue: Regents College, London
Contact: Alcohol Concern, Waterbridge House, 32-36 Loman Street, London SE1 0EE; tel 020 7928 7377; fax: 020 7928 4644 or go to Alcohol Concern's website at www.alcoholconcern.org.uk

CONFERENCES

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Alcohol Concern is the national agency on alcohol misuse. It works to reduce the level of alcohol misuse and to develop the range and quality of helping services available to problem drinkers and their families. Since beginning work in 1984, Alcohol Concern has built up expertise on a wide range of alcohol-related issues and uses this to influence and support health and social policies, nationally and locally. It is England's primary source of information and comment on a wide range of alcohol-related matters.



Networking Distant Neighbours (NDN) exists to facilitate communication and collaboration within the alcohol field, encourage the sharing of good practice, provide a specific focus for marginalized groups and strengthen the voice of alcohol services. This is a three-year National Lottery funded initiative providing support for alcohol services in England.

Contact details:

Alcohol Concern, 32-36 Loman Street, London, SE1 0EE

Tel: 020 7928 7377

Fax: 020 7928 4644

Email: ndn@alcoholconcern.org.uk

Web: www.alcoholconcern.org.uk



Networking Distant Neighbours is an Alcohol Concern project funded by the Community Fund

ARE YOUR DETAILS CORRECT?

Please help us to maintain an accurate NDN network database by completing the appropriate form below if this copy of Neighbourhood Watch has come to the **wrong** address, the named contact has **changed** or you are a **new** contact who would like to receive your own copy of Neighbourhood Watch.

Name and address to which this copy of Neighbourhood Watch was sent:

The contact details above are incorrect.

Correct Contact Name & Job Title

(if the person above has left/been replaced)

Organisation

(if different from above)

Address & Post Code

(if different from above)

Tel:

Fax:

Email:

I am a new contact.

New Contact Name & Job Title

Organisation

(if different from above)

Address & Post Code

(if different from above)

Tel:

(if different from above)

Fax:

Email:

(if different from above)

Many thanks for taking the time to complete this form. Please return it to: NDN Project Team, Alcohol Concern, Waterbridge House, 32-36 Loman Street, London SE1 0EE tel: 020 7928 7377 fax: 020 7328 4644 ndn@alcoholconcern.org.uk

