

Good and not so good things about having SMART Recovery in your service: notes from workshops

Good	Not so good
Offers choice	Resource issue (training/staffing/costs)
Its an alternative to other organisations	Finding enough motivated facilitators
Empowers service users	As a provider you must remain impartial and promote all recovery models
Provides skills for service users (training, facilitation, groupwork)	Potential resistance from providers and commissioners
Provides networking opportunities	Risk assessments
Compliments treatment	Insurance
Another move on option	Professional fear of letting go
Added value - moving on from relapse prevention groups	Availability of rooms
Can run alongside other interventions (AA, 1 to 1)	May be more difficult to set up in rural areas
Cross referrals	The conflict between peer and professional led groups
Service user led	
Ownership of recovery	
Eases burden on treatment providers	
Positive programme	