



All Alcohol Concern booklets only £1.00 each!

The Alcohol Concern bookshop is offering a once only opportunity to purchase its booklets for only £1.00 each (normal price £2.75). All orders must be over 20 copies. The offer is only available whilst stock lasts!



Putting the children first

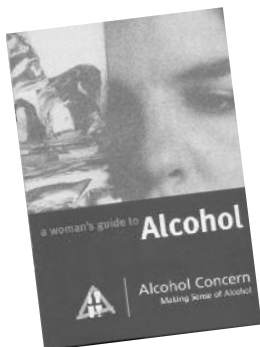
This booklet is for parents and families who are worried about the effect that drinking has on family life. It looks at what can help, and includes a list of useful telephone numbers and sources of help.



I don't mind if I do...

Alcohol and older people...safer drinking for the over 60s

This booklet is a guide for older people. It explains the impact alcohol can have on older people, how to moderate drinking levels and the positive impact this can have on common health problems amongst the over 60s.



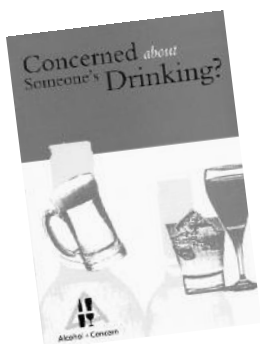
A woman's guide to alcohol

This booklet contains information to enable women to make informed choices about alcohol, how it affects their bodies (including alcohol and pregnancy) and how to find information and support if their own or someone else's drinking is causing concern.



Enough bottle? Can you handle booze?

This booklet is a guide for teenagers and aims to help them stay in control when facing difficult decisions about drinking. It includes an explanation of some of the effects alcohol can have on the body, details of drink strengths and units and an alcohol knowledge quiz!



Concerned about someone's drinking

This booklet covers some of the common problems families experience around problem drinking, what actions they can take and where they can get more help.



Dangerous cocktails

This booklet includes the facts about mental health medication and alcohol, including information on when to avoid alcohol and when to be cautious about drinking.



Alcohol Concern
Making Sense of Alcohol

